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VOLUME 9 | 2019

A DECADE OF JOURNEYS TAKEN & STORIES TOLD



257 million words, 1.7 million books sold, & over 5,000 unique titles (and counting).

FriesenPress turns **10 years old** on July 13, 2019! And we're marking the occasion by looking back at the authors and stories that made it possible.

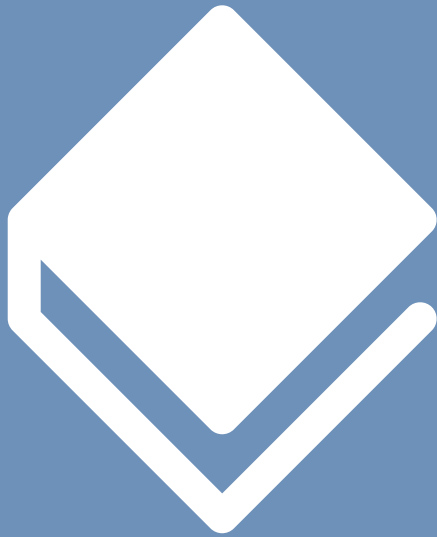
Join us as we celebrate a decade of journeys taken and stories told: visit [friesenpress.com/friesenpress10](https://www.friesenpress.com/friesenpress10) for infographics, video, a suite of original stories about the past, present and future of self-publishing, and more!



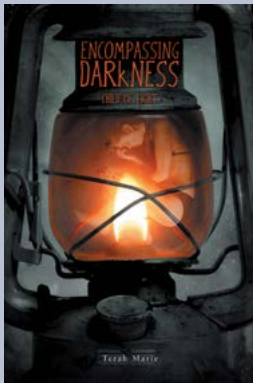
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FICTION 2019 BESTSELLERS



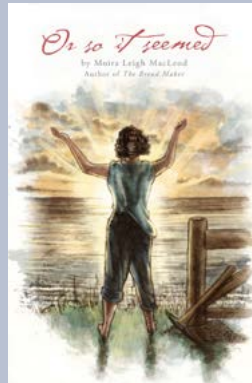
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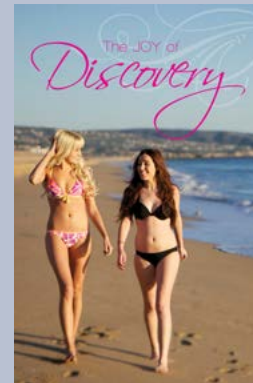
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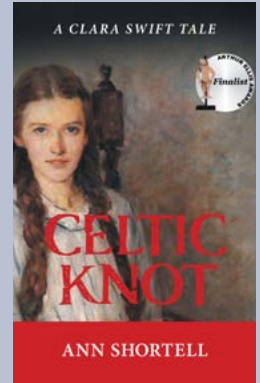
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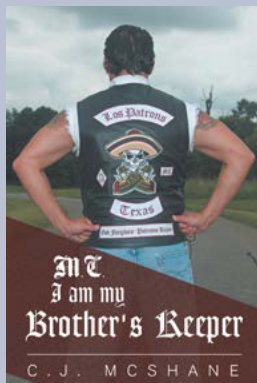
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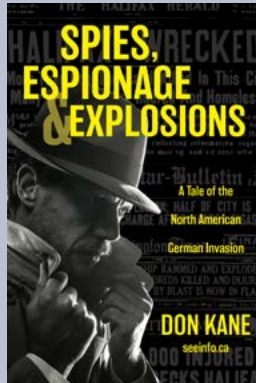
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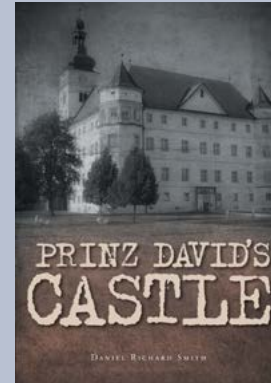
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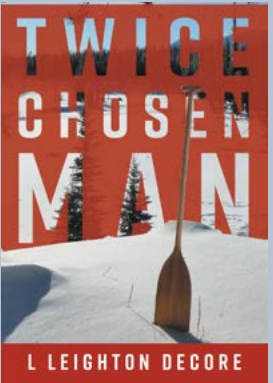
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MURMURINGS

BY HOWARD GISKIN



POETRY, ANCIENT, CLASSICAL & MEDIEVAL

192 pages, Black and White, 5.5 x 8.5

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LIVING WAS NOT LOST ON US FOR THE ISLAND'S MILLENNIA SPOKE,
its nooks and crags murmuring...

There are stories being whispered around us, if we but listen. *Murmurings* is a collection of poetry that draws upon the experiences of a lifetime spent traveling the world, reflecting on philosophy and the spirit, and listening deeply. The poems express singular moments in time—Walt Whitman strolling in Prospect Park, mulling over a line of poetry; Monet gazing upon swirls of water lilies with eyes made fuzzy by cataracts; an ancient nun, smiling and chanting through smoky drifts of incense. Rich in details, *Murmurings* will draw you in, fill your senses, and let you imagine yourself in another place ... in another time. ■

www.howardgiskin.com

"This work is a celebration of words and their powerful combinations. In its turns, it functions as an ode to sounds and meaning. Experimentation, even when describing something mundane, makes the text's moments significant and exceptional. This is a collection whose works are healing, like medicine for life's pains.

Observations from Giskin's travels cover different cultures, customs, and people; these insights are fascinating, intuitive, and inquisitive. The work is beautifully observant and generates curiosity in an engaging way. Lines find charm even in the ugly. Musings on individual fragility and on major life questions are introspective and intriguing.

Written with clarity, experimentation, and obvious joy, Murmurings is inspirational, full of tiny flashes of simple beauty. Sorrow and delight coexist in perfect harmony in this stunning collection, wherein Giskin makes meaning from the simplest moments of daily life."

— Katie Asher, 4/5 Star *Foreword* Clarion Reviews

"The poet also subtly explores failing memory to properly re-create moments; his apartment in New York City had an elevator he "cannot recall," and to him, the most interesting gravestones at St. Paul's Chapel are those that are blank, "washed clean by seasons of rain and cold." Giskin connects this fleeting nature of memory to the immigrant experience, both through a grandmother who "could neither read nor write, / left Poland never again to see" and his own travels abroad, taking him to the Temple of Diana in Nîmes, France; the pyramids of Giza; and an earthquake in Greece...

Elegant, subdued poems that offer a calm reflection on memory."

—Kirkus Reviews

A retired specialist in world literature, Howard Giskin spent twenty-five years teaching in the English Department of Appalachian State University in North Carolina. His previous publishing experience includes co-editing *An Introduction to Chinese Culture through the Family* (SUNY Press, 2001), editing *Chinese Folktales* (NTC Publishing Group, 1997), and writing scholarly articles. After his years in academia, Howard is now focusing on freer, more creative activities and enjoying the fruits of his artistic labor. The author lives in the Philippines with his wife, Vicki, where he writes poetry and short fiction. ■

BY HOWARD GISKIN

ARCADE OF MEMORY

“THE PASSING OF YEARS SEEMS A RUSE OF THE GODS, FOR ONLY yesterday I was playing in the sand.”

Memory is a strange thing. A fragile patchwork of recollection. A dream that fades after waking. *Arcade of Memory* is a beautiful collection of essays, poems, and short stories that explores the notion of memory, drawing from the author’s experiences traveling throughout the world. Essays examine memory and the act of making meaning. Poems, written in the style of Japanese tanka, draw inspiration from global culture. Short stories use history as a springboard for contemplating the mysteries of life. This lyrical, thoughtful collection reminds us that our personal past is a mythical land, which can only be visited through recollection and imagination. ■

www.howardgiskin.com

“A choir of voices emerges in the short stories, weaving in threads from bygone eras and paintings that come to life. Descriptions of characters’ desires, regrets, and delights emphasize emotion over objectivity. The result is dreamy work that imparts a sense that there is more to life than meets the eye.... Arcade of Memory is an in-depth literary collection in which beautiful places and thoughtful personalities, past and present, are engaged.”

—Mari Carlson, 5/5 Star *Foreword* Clarion Review

Howard Giskin has spent a lifetime as a student of literature, philosophy, culture, and the arts—a solid foundation upon which to build structures in words. After teaching literature for 25 years, Howard retired in 2014 and is enjoying more creative activities. This is Howard’s second literary collection; *Murmurings*, a collection of poetry, was published through FriesenPress in 2017. Other publishing experience includes associate editor, *The Phoenix Rising from the Ashes* (FriesenPress, 2013); co-editor, *An Introduction to Chinese Culture Through the Family* (SUNY Press, 2001); and editor, *Chinese Folktales* (NTC Publishing Group, 1997). The author lives in the Philippines with his wife, Vicki, where he writes poetry and short fiction. ■



FICTION, SHORT STORIES (SINGLE AUTHOR)

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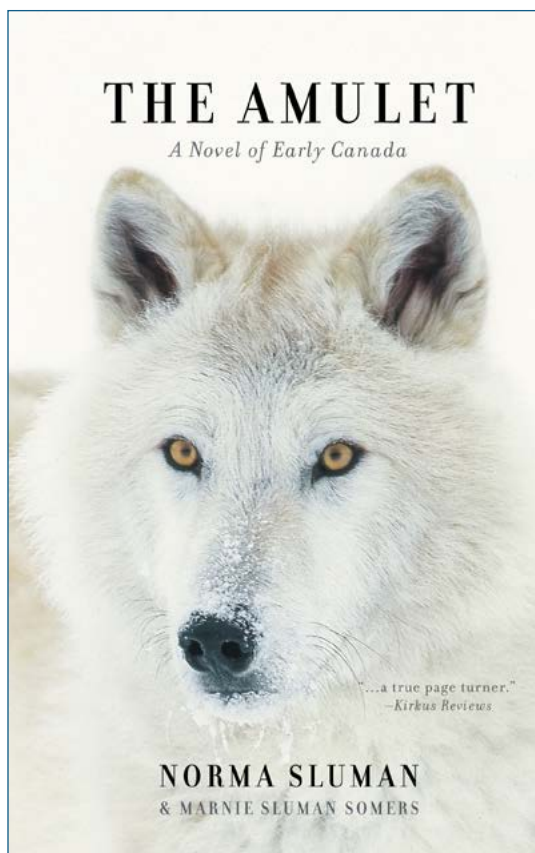
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THE AMULET

A Novel of Early Canada

BY NORMA SLUMAN



FICTION, GENERAL

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IT IS 1884 ON THE CANADIAN PRAIRIES. AFTER AN IMPETUOUS, WHIRLWIND wedding, young bride Catherine McNab has left her comfortable home in Rosemere, Ontario, determined to start a new life with veteran trader Ian McNab. Arriving in her new home of Pounding Lake in the District of Saskatchewan, Catherine learns the Indigenous people are frustrated, starving and restless. Her husband believes the growing tension will pass, but a North West Mounted Police detachment has just been assigned to keep the peace with the notorious Big Bear band of Crees who have been coerced into making camp in Pounding Lake for the winter.

As an unscrupulous Indian Agent attempts to force the Cree band to accept a reservation by withholding their winter rations; Catherine tries to navigate the growing political tension, small town relationships with her fellow settlers, local Métis land owners, and her unexpectedly complicated new marriage. Concerned for her safety, Jay Clear Sky, the Cree band's interpreter, befriends Catherine and gives her his sacred amulet for protection.

Torn between loyalty to her husband, compassion for the Big Bear people, and terror over what might happen, Catherine's world, buffeted by the winds of change, begins to fall apart.

Author Norma Sluman tells the story of the Frog Lake Massacre which ignited the North West Rebellion in 1885, through the eyes of the people who experienced it, white, Métis, and Indigenous. Her writing embodies insight and deep human empathy which pull the reader into the story. A must read for lovers of true events of history and those seeking to understand its unintended consequences. ■

www.historicalfiction.ca

"The tension rises incrementally as the tale progresses, making for a true page-turner. But despite the growing sense of unease, there is also a fastidious attention to detail regarding the beauty of the Canadian wilderness. ...fans of Diana Gabaldon's Outlander series will Discover a comparable treat here.... A love story that remains gripping until the very last page."

—Kirkus Reviews

"There are three things you must love and trust: your woman, your brother-friend, and your land.' Powerful words in a story with powerful passions, betrayals, and consequences."

—Sherilyn Decter, author of the *Bootleggers' Chronicles* series

"The Amulet is based on a tragedy that few outside of Canada have ever heard of, a marvel of detail and pacing. A novel of horrific violence and poignant love."

—Jerome Paul Shea, Professor Emeritus, University of New Mexico

THE AUTHOR: NORMA SLUMAN WAS BORN AND RAISED IN TORONTO, ONTARIO. She became deeply interested in Canadian Aboriginal issues when she moved to Calgary with her husband who was a football player for the Calgary Stampeders. She spent much of the time she lived in the three prairie provinces studying writing, Canadian history, and the Indigenous Peoples of the prairies. She had a burning ambition to write and her love of history encouraged her to write about what she was learning.

She arranged her masses of research material and settled down to raise her three young children (Marnie, Shirley, and Kenneth) and write two historical fiction novels, *Blackfoot Crossing* (1959) and *Poundmaker* (1967). Both novels were published by Ryerson Press. She also co-wrote John Tootoosis: *Biography of Cree Leader* with Jean Cuthand Goodwill which was published by Golden Dog Press (1982) and reprinted three times by Pemmican Publications.

Norma completed a draft manuscript of her final novel *The Amulet* which she entrusted to her daughter Marnie before she passed away in 1993. Marnie has undertaken to publish *The Amulet* in her mother's memory.

BY KAREN HYATT

UNCOVERING IRIS

STELLA, ADOPTED AT BIRTH, MOVES FROM ENGLAND TO CANADA FOLLOWING THE death of her adoptive parents and the Discovery that her live-in boyfriend is gay. On the plane to Toronto she meets Madeleine, whose offer of help to this young and naïve stranger ushers in a remarkable series of events for both women—almost all of which, it transpires, revolve around a woman they do not know they share a deep connection to: Iris Parker.

Intertwining the family sagas of each of its main characters, *Uncovering Iris* lifts the lid on each of their lives and the circumstances that have shaped them. Spanning many generations of families in twentieth-century Canada, the novel pays particular attention to the fates of women in a dangerously patriarchal world.

With deep insight and compassion, author Karen Hyatt tells the stories of the hardened protagonist, Iris, and those of the many people she has hurt, hindered, and harried in her life as a strong-willed and defiant single woman. What causes a person to become who they are? How do life events change a personality? How can we come to terms with the way we are treated by others, including those whom we love? These are just some of the questions asked and explored in this engaging first novel. ■

www.karenhyattauthor.com

“Uncovering Iris, the first novel by Karen Hyatt is an in depth view of a complicated series of events. Kept you searching for the many secrets of the involved characters. A great start to Karen’s writing career. I will be waiting for the next of Karen’s books.”

—Catherine Barrett

“An entertaining read with many characters that provoked many emotions, especially Iris, with whom I had a love/hate relationship - okay, a strong dislike. There were many evening walks with my husband (who also read this book) where we Discussed the many characters and situations presented in the story. There were many laugh out loud moments and many heart wrenching parts. Definitely solicited thoughts of how people and society have progressed - or not. A must read.”

—Luisa Smith

“Although titled Uncovering Iris, the reader uncovers the lives of a variety of characters. You follow them throughout different periods of their lives and learn about how they were raised and the impacts of childhood on adulthood. I found myself invested in their lives and the stories they had to offer. Karen Hyatt did an incredible job of tying an array of stories into one jaw-dropping, emotional, as well as light-hearted, beautiful story. I’m eager to read what’s coming next from the author.”

—Ethan Hamel

KAREN IS RETIRED AND LIVES WITH HER HUSBAND, WAYNE, IN ST. CATHARINES, Ontario, where she enjoys reading, baseball, and golfing badly. The pair spends several months each winter in Panama—the setting for her second novel, which she is currently in the process of writing. ■



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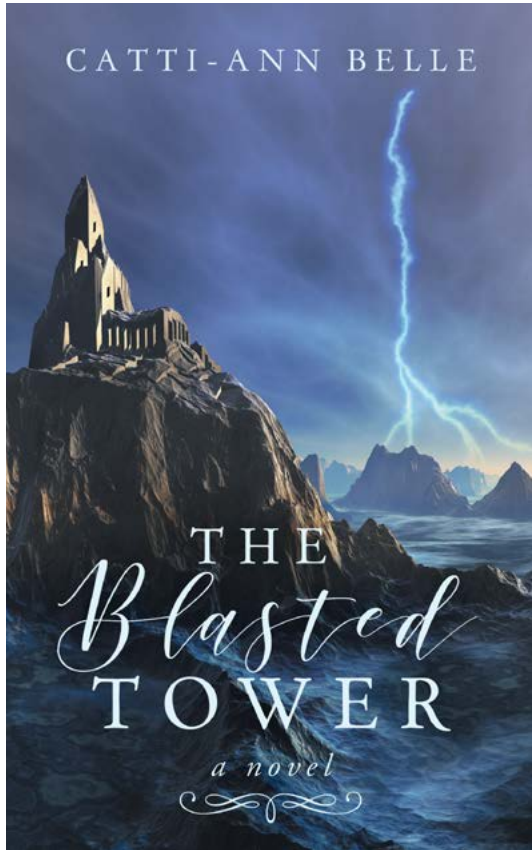
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THE BLASTED TOWER BY CATTI-ANN BELLE



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ANDEE PEARCE HAS JUST CELEBRATED HER FIFTY-FIFTH BIRTHDAY ALONE IN HER beachfront California home. Divorced and grieving a shattering loss, she is given a tarot card reading from a stranger on a plane that changes the trajectory of her life forever. When she meets her handsome and intriguing neighbour, she writes him off as a womanizer, but as she manoeuvres clumsily through her solitary life, doors begin to mysteriously unlock and new possibilities arise. When dark secrets threaten Andee's new romance, she is challenged like never before to open her heart and let go of the past in this powerful and poignant story of loneliness, forgiveness, and the healing power of love. ■

www.cattiannbelle.com

"Debut author Belle offers a lyrical novel about dealing with heartbreak and finding ways to move on. The author's style is often poetic, bringing life to descriptions of everyday things.

It's the first in a planned trilogy, but it works well as a stand-alone, even offering a satisfying resolution.

A beautifully written debut about a woman overcoming grief and finding herself."

—Kirkus Reviews

CATTI-ANN BELLE EARNED HER BUSINESS DIPLOMA FROM UNIVERSITY WHILE working full-time and raising three children. She currently works as a manager and lives in rural southwestern Ontario with her husband of thirty-four years and two dogs, and she has been blessed with three grandchildren. She stays active by cycling, walking, hiking, cross-country skiing, and travelling, and she loves to write. *The Blasted Tower* is the first in a series; the second book, *Cilandra's Law*, is about faith, and the third, *Journey of Lives*, takes on the subject of past lives. ■

BY ROBERT E. FERGUSON

CIRCLE OF DREAMS

WHEN WRITER GRANGER LAWTON RECEIVES AN INVITATION FROM HIS FRIEND Bobby McAllister, the extraordinary and relentless treasure hunter, he strongly suspects that another adventure is afoot—and he's right. Having already acquired the treasures of the Americas and the coveted lost artifacts of the Russian Imperial family, Bobby is already an accomplished man, but still he seeks to attain the impossible. This time, Bobby proposes a quest to Granger that far outweighs their previous adventures in terms of ease and plausibility: he wants to find the robe worn by Jesus before his crucifixion. Awed and reluctant, Granger ultimately decides to accompany his determined friend.

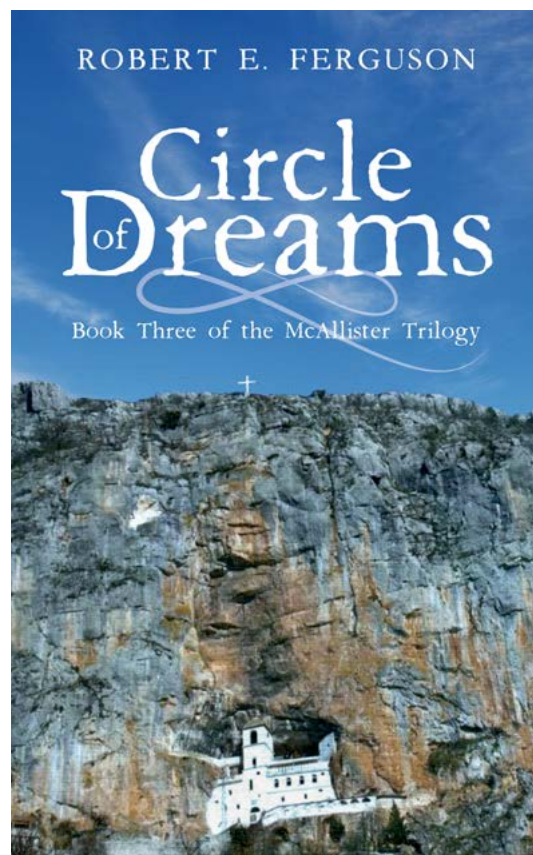
After sailing across the ocean, Bobby, Granger, and their crew of knowledgeable and complex individuals begin their search in Jerusalem. Piecing together two millennia of history with religious documents and local legends, they slowly begin to uncover the robe's journey, which leads them deep into the rural landscapes of Turkey and beyond.

However, this is a prestigious quest, and it does not go unnoticed. Unknown to Bobby and his fellow robe-seekers are intervening forces, including the Vatican and a notorious villain of the past. In an adventure of this magnitude, there is always the risk of injury and death, but it arrives silently and before anyone can see it coming.

The search for the Robe that JESUS wore before his Crucifixion has mystified the Christian world for two thousand years. Now, the time has come to search for this garment seriously and go to the time of crucifixion to see what happened during and after this event that changed the world and the base of Christianity was born. No one in the past has taken the time, energy and experience to locate the Robe. Now, here comes Bobby McAllister and his team of professionals to begin this process, starting in Jerusalem, then, moving north into Turkey searching many locations, suffering serious losses, dealing with assassins, being followed by a past enemy, also being followed by 2 prominent men from the Vatican. None of this will stop the search for the Robe. Captured by a radical group and imprisoned in a fortress, the group escapes into the wilderness and finds a distant location showing light. The long journey brings them to an ancient mountain enclave accessible only by a rope platform. Allowed access, the group slowly enters the Monastery / Holy place and is welcomed by the Abbot. Days later, the radical group follows along with Bobby's enemy. Standing on the ledge with Granger, Bobby is shot in the chest and falls 60 feet down the cliff onto a pile of rocks. Bobby's body is quickly brought inside by a group of Monks. Granger knows he is dead. Next day, the group leaves for home bringing Bobby with them. He survived. ■

www.threetreespublishing.com

ROBERT E. (BOBBY) FERGUSON WAS BORN IN SAVANNAH, GEORGIA, IN DECEMBER 1946. He attended Pepperdine University in California, where he studied Spanish history, post-secondary education, admiralty law, and aviation. In addition to serving as a US Marine Officer, Robert spent many years working with the famous treasure hunter Mel Fisher in the recovery of the treasures of the Americas in 1985. Before he passed away in October 2004, Robert asked his friend Joseph to publish his three manuscripts on his behalf, known collectively as The McAllister Trilogy. The first book, *Fool's Paradise*, was published in 2010, and the second book, *River of Dreams*, in 2012. Together, these three books tell incredible stories filled with history, adventure, tragedy, and the fulfillment of personal dreams. ■



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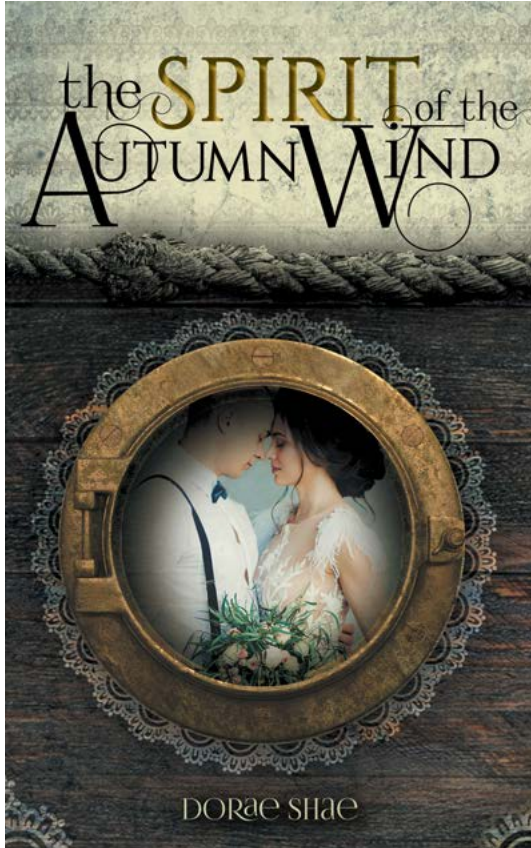
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THE SPIRIT OF THE AUTUMN WIND

BY DORAE SHAE



FICTION, SUSPENSE

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SET IN POST-WORLD WAR II MOROCCO, IRELAND, AND THE MEDITERRANEAN, *The Spirit of the Autumn Wind* is a high-seas adventure brimming with mystery and romance.

When respected sea captain Regan Quinn and his lifelong friend, Niko, are accidentally involved in the murder of a drug lord's son in a back alley in Tangiers, they fear for their lives and must flee on separate ships. They make a plan to meet up in Ireland, where they hope to leave the past behind and start a new life. Niko hides out working as a galley cook aboard the *Autumn Wind*, where he is entrusted with the care of Regan Quinn's son, Christos, and must keep him, as well as a young family being smuggled aboard, safe from an unstable captain and the vengeful drug lords pursuing the ship. Regan Quinn, captain on the *Seaward Angel*, finds himself in a dangerous dilemma as he falls in love with Loren Lombardi, an attractive undercover investigator on board with a mission to prove he is guilty of murder.

As the two ships sail toward their final destinations, danger and intrigue ensue while the colourful cast of characters, desperate to find answers and a safe place to land, must band together to survive. ■

www.doraeshae.com

"Shae describes the ruggedness of sea life in startling detail. ... Mistaken identities, revenge, and betrayal all have a part to play, and the exotic locales only add to the intoxicating atmosphere of intrigue. The contrast in characterization between Niko and Regan is strikingly complex, and their opposite personalities generate tension and exhilaration. Several other side characters keep things lively and amusing, and the addition of an organized crime element gives the story a satisfying edge.

A gratifying page-turner that's perfect for a summer read."

—Kirkus Reviews

A RETIRED REAL-ESTATE AGENT, DORAE SHAE LIVED AND WORKED ON FARMS AT Breton, Alberta for over thirty years. Writing always took second seat to her country life and career, and she is excited to now have the time to write full time and bring more stories to life. Dorae published her previous book of three novellas, *Restless Secrets*, in 2017. She lives with her husband and their Dachshund named Tex in Leduc, Alberta. ■

BY TERRY LEEDER **PHYLLIS**

PHYLLIS, A WIDOW IN HER SIXTIES, GOES TO A GREAT LAKES RESORT FOR A CHANGE of scenery, and there she meets another lonely soul— Owen, a gruff but kindly handyman. Their tentative romance is interrupted when Owen is asked to repair a cottage for an elderly neighbour, Carl, who is recovering from open-heart surgery. When Phyllis is enlisted to help care for Carl, she discovers, to her horror, that this helpless old man is the person who raped her sixty years before. Faced with the abuser she never thought she would see again, Phyllis must decide how, or if, she will call him to account for what he has done. But will revenge heal the past? Or will it violate the life she has built, and the person she has become, since the trauma took place? When a blizzard thunders in off the lake, Owen must fight through the snow to get the medication that Carl desperately needs, leaving Phyllis alone with her rapist. She must come to terms with the demons of her past, once and for all. ■

“In an era when women bring light to the harm they experienced behind closed doors, Phyllis is a heartbreaking reminder that many such stories go unheard and unnoticed. Phyllis is a quiet yet explosive tale of revenge. Well worth a read.”

—Leah Zaidi, MDes, Writer

“Terry Leeder gives us a tender, wrenching, sure-handed and timely treatment of sexual assault and its radiating impact on the life of a woman who refuses to be cast in the role of a victim.”

—Sandra Rosier, Writer and Lawyer

“Terry Leeder keeps you guessing in the psychological thriller Phyllis. Will Phyllis seek revenge and take justice in her own hands against the man who raped her when she was just a little girl? This is a must read.”

—Elizabeth Hope, author of *Gordo and Chico*

“What happens when the one person responsible for the single most horrid experience of your entire life shows up unexpectedly decades later? Phyllis is compelling on multiple levels, a thoroughly enjoyable read.”

—John Choi, author, *Dark Side*

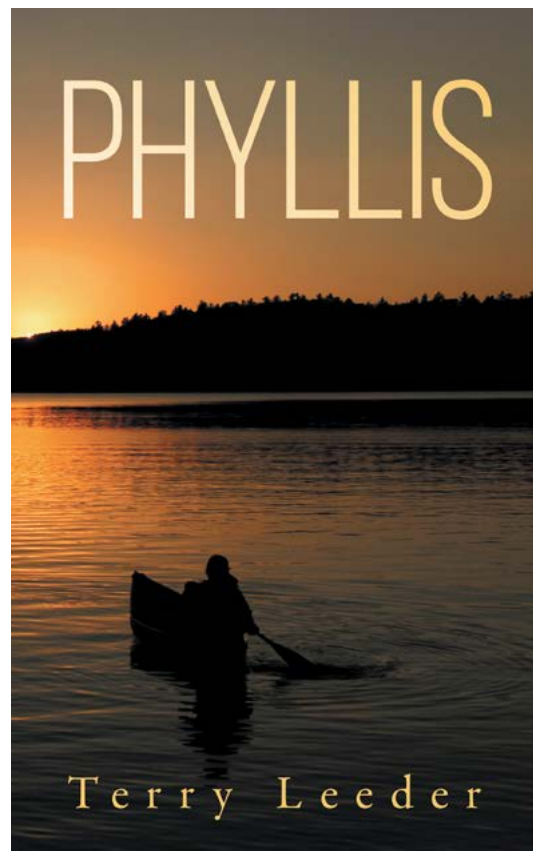
“Phyllis is a compelling story about how difficult it is to escape the past. In trying to lay the demons of their lives, Leeder’s characters are forced into confrontation.”

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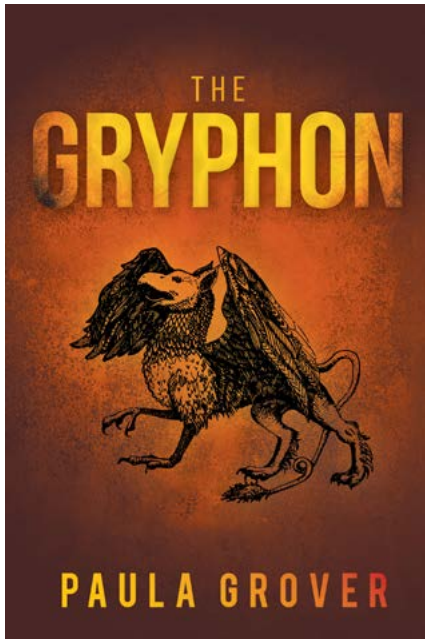
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After putting family before duty, she is forced to leave her home in the mountains and live with her offspring in the Valley of Outcasts. In her place, the evil Talona seizes the crown and enforces a new order of repression and violence, not only on her gryphon subjects but on the hippogryphs and other subordinate creatures as well.

With her family and friends enslaved, imprisoned, or killed, hope for the future begins to fade. Now, Sunsky must answer the call of destiny to return from exile, retake her queendom and unite her fractured nation before it is too late.■

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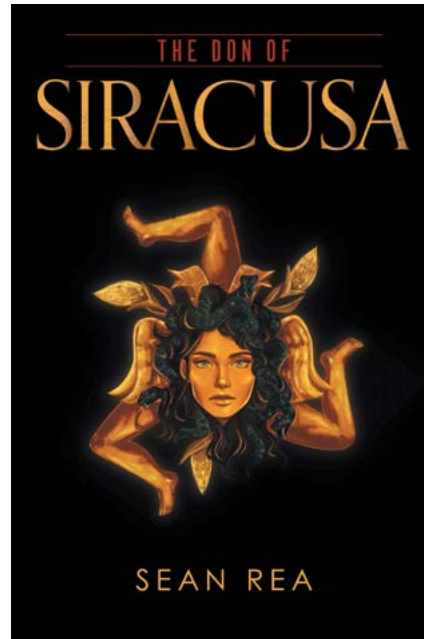
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But it wasn't only her hometown she left behind in Texas. Waiting for her there is Dawson, her teenage love. As they grew up together, Dawson was a source of safety for Amelia, so it's no wonder why she is again seeking the warmth of his embrace. But much has changed, and Amelia is unaware of what Dawson does for a living, and how it triggers her worst fears. Dawson is a bull rider, which gives him a sense of excitement and mental clarity, even though it could kill him. When Amelia shows up in Sierra Blanca, and they inevitably fall deeply in love, Dawson silently wrestles over whether or not he should tell her about the bull riding, and risk losing her—again.

When the secret is messily revealed, emotions fly, and more of Amelia's repressed tragedies bubble to the surface. The two cling to each other despite their differences and choices, but eventually, Dawson's refusal to show vulnerability gives her the push she needs to get back on her own path.

With their long history and deep bond, will their love be enough to bring them together despite all the tragedy and pain, both physical and emotional? Will Amelia, forever feeling lost, finally find the place where she belongs?■

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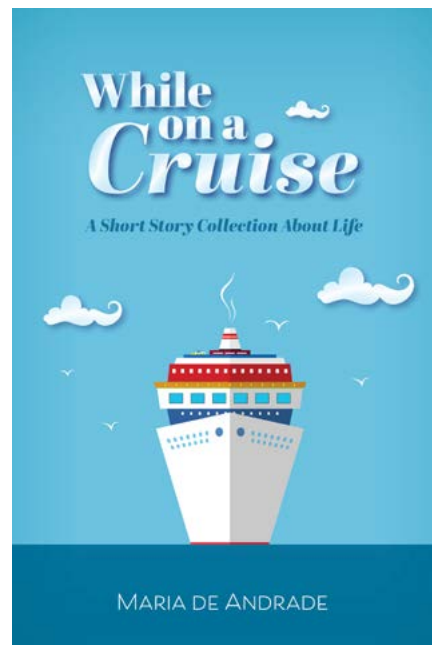
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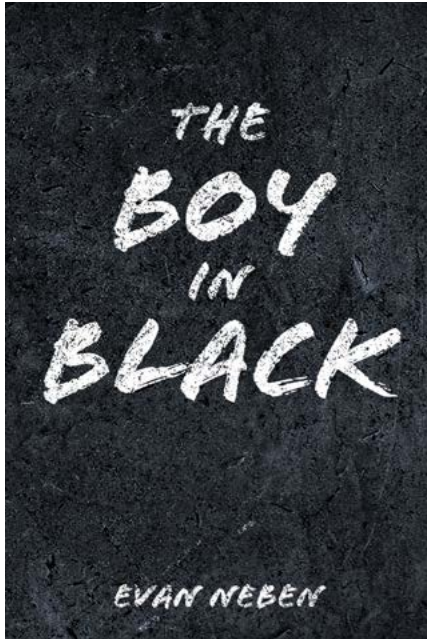
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Eric, a brooding, self-proclaimed “robot” disdains his new home, and wishes for something more out of life than the tedium of his senior year high school schedule. On the other side of the lake, Kaine and his family have moved from a town hours away into a new house only a few weeks before the start of the second semester, under mysterious circumstances. Kaine himself is happy for the change, it gives him a chance to escape the phantoms of his past and begin anew. However, when the two meet, fate and destiny seem to intertwine, and neither of them expect their lives to be utterly changed by one fortuitous meeting.

Their friendship becomes a strong one, but it is held together by fragile strings. Buried secrets and emotions have a way of surfacing at the worst of times, and the backlash will strain both the boys and those around them to the breaking point. And it is at that breaking point where the concrete and mythical begin to align . . . ■

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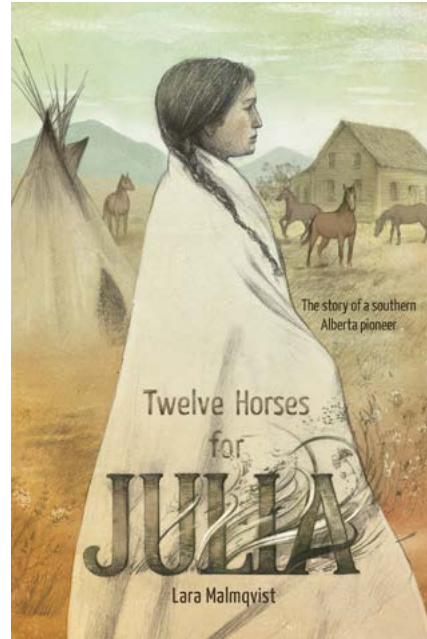
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Ambushed by Blackfoot Indians, Julia and her siblings are captured by warriors and brought back to their encampment, and adopted as members of the tribe against their will the fate of their real parents uncertain and terrifying to contemplate.

Years pass, and Julia faces countless challenges and relentless change, all with a determination and strength forged from hardship under the prairie sky. As she grows to adulthood, she realizes that she has to somehow make her way in a world of which she has never truly been a part, being neither truly white nor truly Indian.

It is a journey that will take her from freedom to captivity, from joy to despair, and come around full circle more than once before she can even hope to find her true home and put down roots that might span future generations. ■

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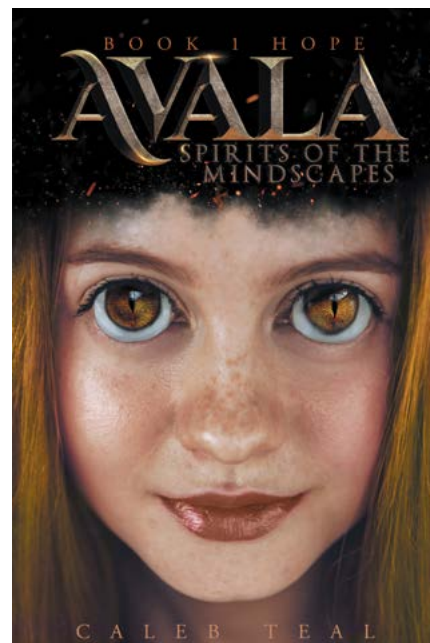
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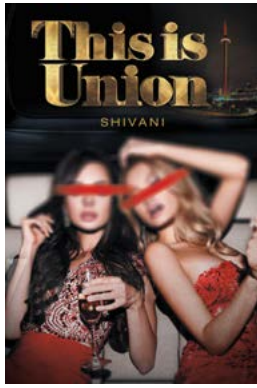
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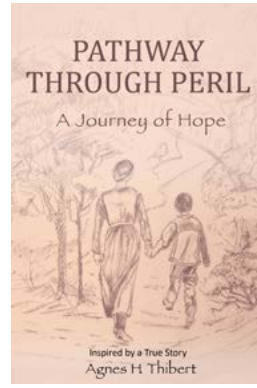
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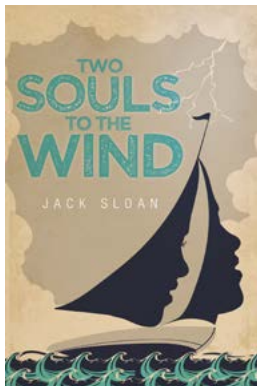
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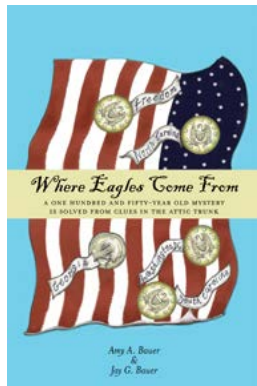
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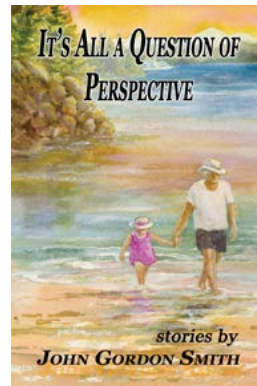
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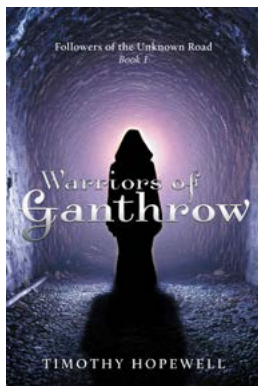
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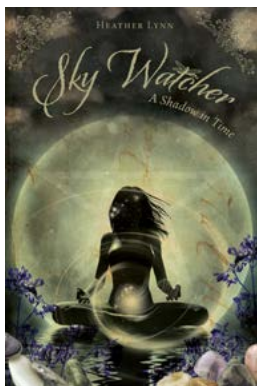
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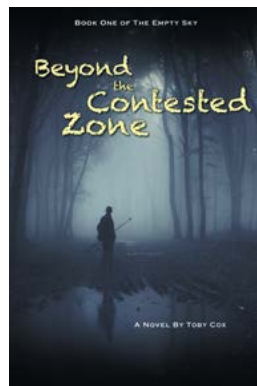
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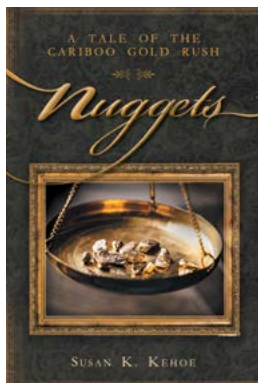
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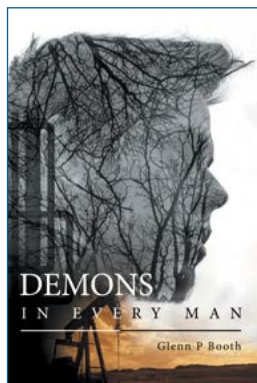
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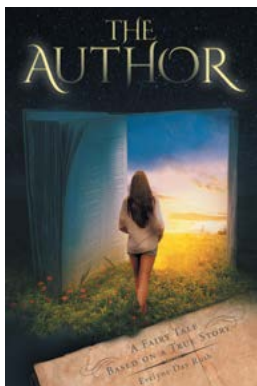
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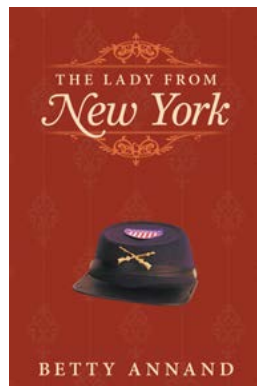
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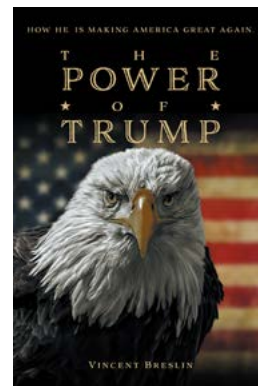
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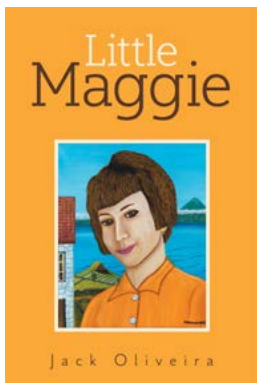
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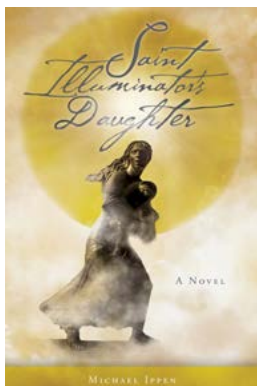
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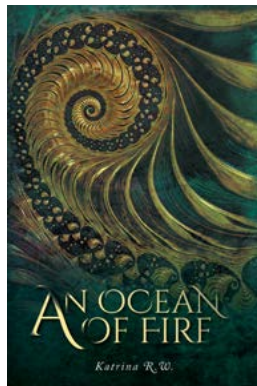
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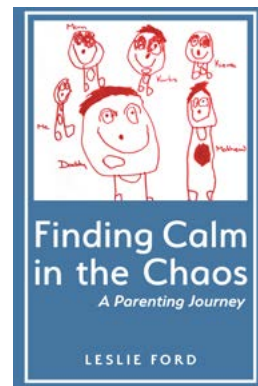
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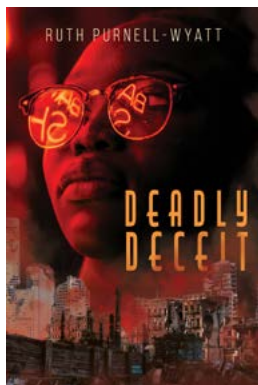
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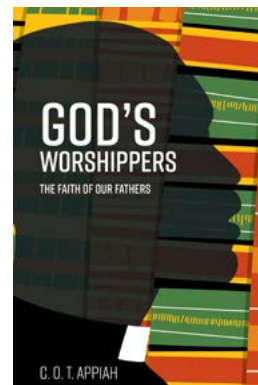
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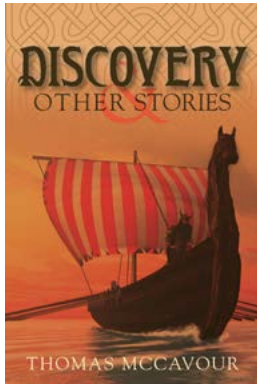
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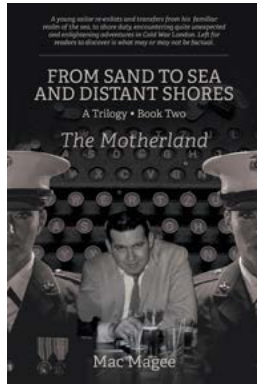
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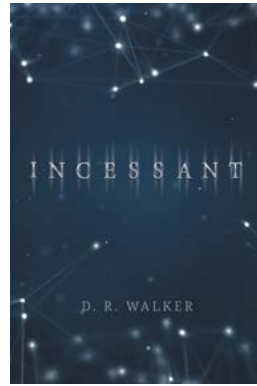
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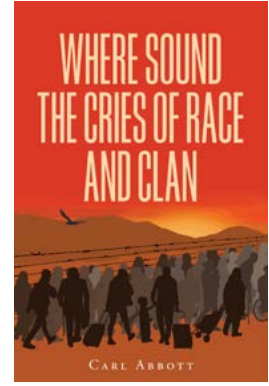
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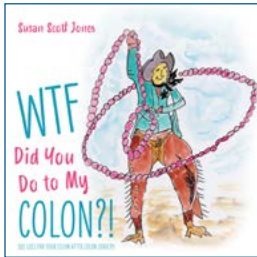
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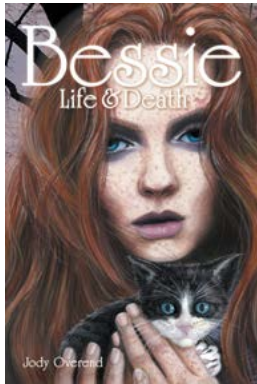
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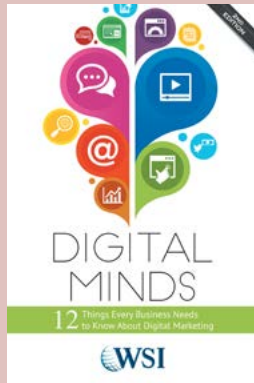


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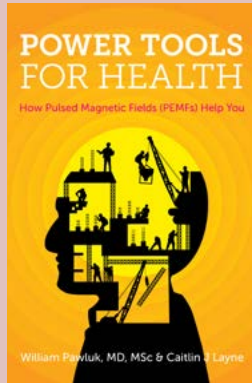


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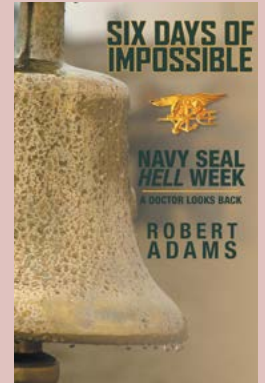


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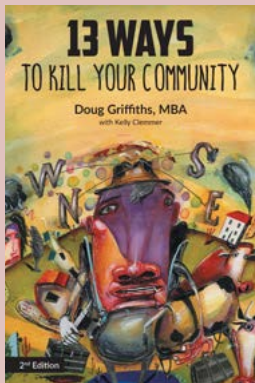


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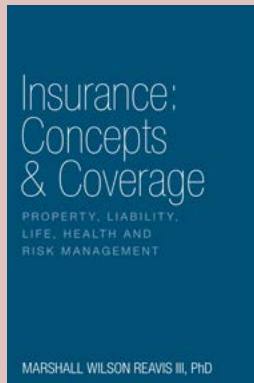


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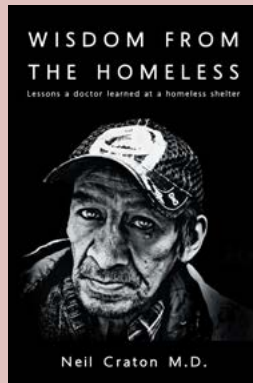


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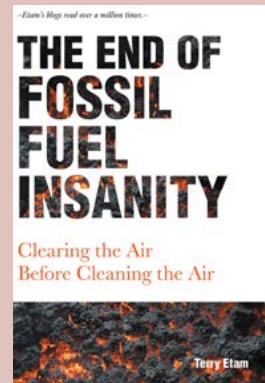


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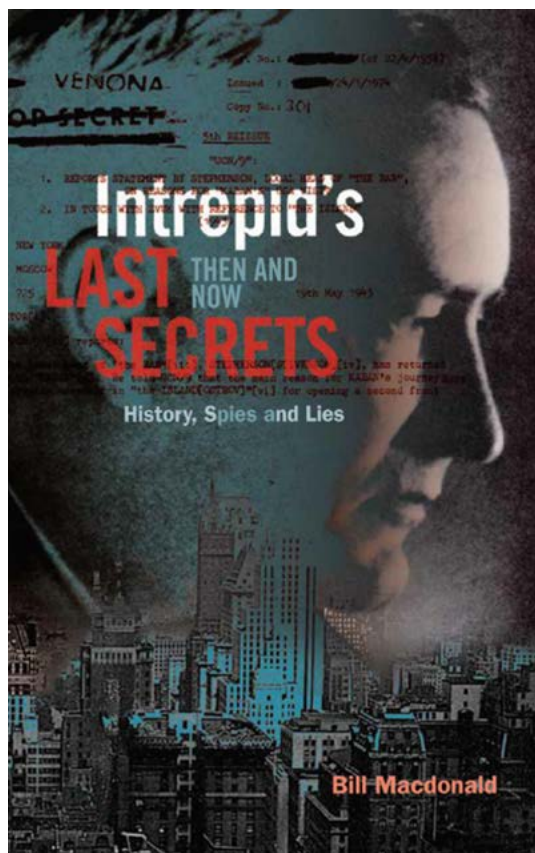
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IN THIS ENGROSSING FOLLOW-UP TO THE TRUE INTREPID, AUTHOR BILL MACDONALD explores secrets only hinted at in that book. The WWII Canadian spymaster William Stephenson – known widely as “Intrepid” – was not only tasked to get help for anti-Nazi Europe and assist setting up an American intelligence agency. Stephenson faced a secret Anglophile group covertly seeking a quick peace with Adolf Hitler. Often referred to as “The Milner Group,” the organization reportedly swayed major events of the twentieth century and likely has major influence today.

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“A remarkably incisive account of an endlessly compelling figure... Macdonald's study is not only rigorously researched but also conveyed in cinematic terms – and as a result, even unconvinced readers will find themselves riveted...his argument is relentlessly thorough and his principal contentions seem plausible.”

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—Thomas Troy, former CIA staff historian

A FORMER TEACHER AND JOURNALIST, BILL MACDONALD IS THE AUTHOR OF *The True Intrepid*, *Sir William Stephenson* and *the Unknown Agents*. He lives in Winnipeg. ■

BY HEIDI L. KLINE

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AS A CHILD, HEIDI KLINE ENDURED UNFATHOMABLE PHYSICAL AND SEXUAL ABUSE at the hands of almost everyone she ever trusted. She and her twin sister, Holly, were labelled “The Unwanted Twins” by their entire family and spent their early years feeling unloved and unprotected. Now, in this gripping, powerful autobiography, she tells her courageous story of triumph over an upbringing she would not let define her. With the help of her twin sister’s love, as well being a spiritual medium, she was able to survive her childhood and put her shattered life back together. *The Unwanted Twins* is one woman’s unflinching look at a childhood no child should have to endure, with a message of hope, resilience, love, and forgiveness. ■

www.heidilkline.com

“Kline does excellent work in reconstructing a troubling past. She paints her memories with excruciating detail, but also with a slightly detached tone that gives the accounts a grave realism.”

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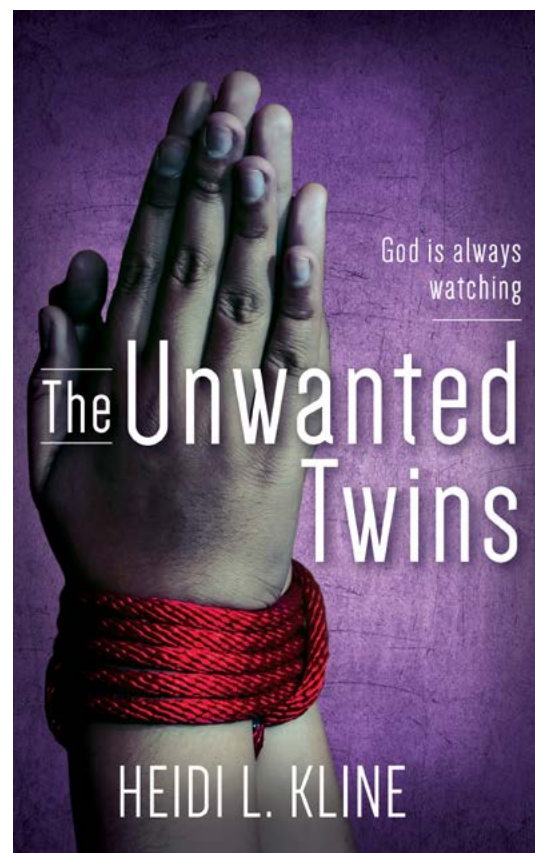
“I can’t believe all the abuse you endured and how you rose above it and continued to be such a caring person and a great mother. Thank you so much for sharing your story with me.”

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“Thank you for sharing such intimate memories with such clarity. You are a strong woman - please know I admire your strength to share such painful personal events.”

—Rebecca McLean, Planning Specialist
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HEIDI KLINE IS FROM LONDON, ONTARIO, SHE LIVES WITH HER PARTNER, AND HER daughter, grandson and adopted son. She has been a member of The Spiritual Church of Canada for over twenty years and is a psychic, spiritual medium, and healer. ■



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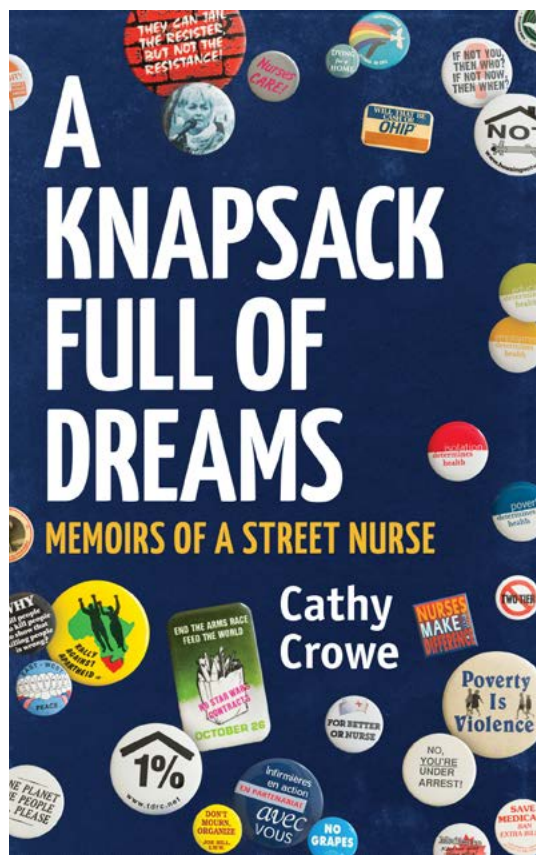
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—Linda McQuaig, journalist & author

CATHY CROWE IS A CANADIAN STREET NURSE, EDUCATOR, SOCIAL JUSTICE ACTIVIST, and filmmaker specializing in advocacy on homelessness in Canada. She is the author of *Dying for a Home: Homeless Activists Speak Out* and is a frequent commentator on issues related to health, homelessness, and affordable housing. Her articles have been published in *The Globe and Mail*, *Toronto Star*, and *NOW Magazine*, as well as on rabble.ca. Cathy was an executive producer in the Home Safe documentary-film series and is the subject of the film *Street Nurse*, directed by Shelley Saywell. Cathy is a co-founder of numerous advocacy groups, including the Toronto Disaster Relief Committee. She previously received the Economic Justice Award Fellowship from the Atkinson Charitable Foundation and the International Human Rights Award in Nursing from the International Centre for Nursing Ethics in Amsterdam.

Besides her diploma in nursing from the Toronto General Hospital School of Nursing in 1972, her Bachelor of Applied Arts in nursing from Ryerson University in 1985, and her Master of Education (Sociology) from the Ontario Institute for Studies in Education in 1992, she has been awarded an honorary doctorate from the University of Victoria, McMaster University, the University of Ottawa, York University, and the University of Windsor. Cathy received the Order of Canada in 2018 and is currently a Distinguished Visiting Practitioner in the Faculty of Arts at Ryerson University.

Cathy continues to fight for the right to shelter and a fully funded national housing program. ■

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ANNETTE STEVENS PRIZES EASY-TO-MAKE, MADE-FROM-SCRATCH, NUTRITIOUS recipes that use common, affordable ingredients and no preservatives. She claims that she started the “CUPCAKE REVOLUTION” when she authored her first edition of this 25th ANNIVERSARY EDITION of the “National Best Selling” cookbook “*Cupcakes - All Occasion Treats*” more than 25 years ago!

Annette is a retired Food Science teacher and dairy farmer who values the natural wonders and nutritional benefits of using cream in cooking. With more than 30 years of experience as an entrepreneur and writer, she co-founded Le Beau Café & Fudgerie and Forest Cove Farm Country Market where she continues to make the world a better place by creating a setting where people can gather for heart-to-heart chats over a great cup of coffee and delicious cupcakes. ■

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“IT HAS TAKEN THREE YEARS SINCE MY HUSBAND WAS KILLED IN ACTIVE SERVICE FOR me to get back to normal—or as normal as one can expect to be when the entire pattern of one’s life has been changed, and new threads have to be woven into a different design.”

These are the brave, wise words of Phyllis Grant Archer, a war widow, Canadian immigrant, and feminist before her time. Born in London in 1911, Phyllis led an exciting life, overcoming the challenges of a tumultuous childhood, Discrimination as a working woman in the 1930s, the birth of her son during the Blitz, and the death of her husband in the war, just after the birth of her daughter. Seeking to start anew, Phyllis took her children to Toronto in 1944. Once there, however, she often faced hostility as a single, working mother and immigrant. She struggled to find safe and affordable housing and childcare and to balance her roles as breadwinner and caregiver. But this is not a misery memoir. Ultimately, the memoirist and her small family survive and thrive through a combination of “just getting on with it,” as well as wit, humour, and the solace of literature.

The memoirist’s daughter, Elayne Archer, has edited and annotated *Crossing Troubled Waters*. Elayne’s “afterthoughts” at the end of each chapter put the memoir into perspective, observing not only Phyllis’ personal growth but also the shifting political and social landscape in terms of women’s roles and parenting standards. The result is an unforgettable story about resilience and forging ahead in the face of hardship. ■

www.elaynearcher.com

ELAYNE ARCHER WAS BORN IN LONDON, ENGLAND, RAISED IN TORONTO, CANADA, and educated at Radcliffe College in Cambridge, Massachusetts and Columbia University in New York City. She worked for thirty-five years as an English teacher and editor. She lives in Brooklyn, NY with her husband, Clifford Rosenthal.

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BY KHALID SHIBEEB ALKHALDI

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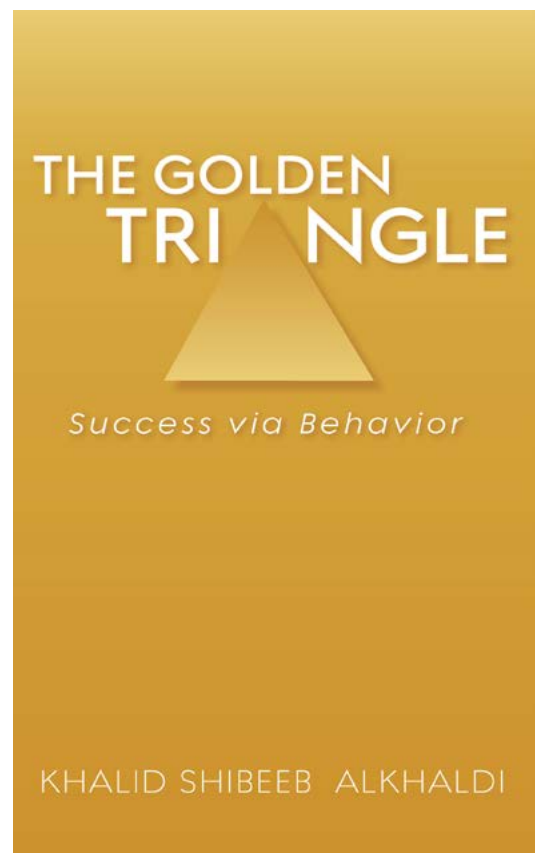
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KHALID SHIBEEB ALKHALDI IS A LONG-TIME EDUCATOR AND BUSINESS PERSON. HE has worked in a range of high-ranking roles in a number of industries over the course of his rich career, including petroleum technology, computer programming, and computer information systems. He has a great deal of experience in high-level training, and has provided such training for public and private clients alike.

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PROFESSOR PATRICK WALSH, AN AWARD-WINNING TEACHER/DRAMATIST AT BOTH St. Francis Xavier U, Antigonish, NS, and St. Mary's U, Calgary, AB, married his stories and plays to his literary responsibilities and local material. He designed and wrote in *The Antigonish Review*. He wrote a novel: *The Cave: A Story of Ireland*, while pursuing his PhD there. A Canada Council grant enabled his *Marriage a la Chaucer*. A drama, *Splits*, won a U of Chicago contest, and his winning *Bible Vigil for World Peace*, was performed at the Festival of Religious Art, Sacramento, California. *Louisbourg* and *Growing Up in Louisbourg*, were the first dramas ever performed at the world-class reconstruction. The National Film Board of Canada & Teled produced his video drama, *Thecla's Choice*. *Mad Shelley*, swept the awards at the 1977 Dominion Drama Festival., John W. Doull, Nova Scotia's leading antiquarian bookseller declared *The History of Antigonish*, "The finest local history I have ever seen." This book, a chronicle of the spiritual journey he has made in his 82 years, is a gift to his wife, his children and grandchildren, and all who enriched his life. ■

ANCESTRAL CALL TO BALANCE

An Alternative Recovery Resource

BY SANDRA OF THE GARDENS

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www.sandraofthegardens.com

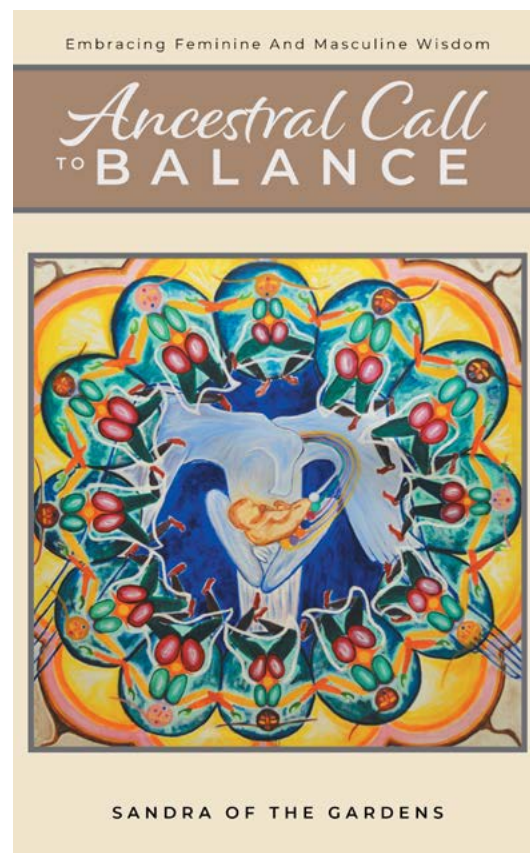
"So grateful for this book. Bringing together story, reflection and active expression exercises is very healing. It's nice to have the workbook to go along with the stories, something I find that is essential in our (my) healing journey. Thank you!!"

—Amazon Reviewer

"I used Sandra Desjardins book Ancestral Call To Balance: Embracing Feminine And Masculine Wisdom in a small group setting. I found the stories to be almost hypnotising and full of insight. The accompanying downloadable musical component and creative expression component found in the story book helped me to process details of the stories lesson and how it related to me on a deeper level. The activities in the workbook that I did in between the stories were pivotal in helping integrate what I learned through the storybook. I really liked that the stories in this book teach a life lesson using an animal as the teacher. I found the different parts of this resource unique to any other type of self-help tools I have used or heard of before. I really liked that this resource is something that a person can work at their own pace and capability, and that it is designed for anyone regardless of their personal beliefs or involvement of other forms of self help. Working through this resource I found an invaluable friend in my own wisdom that I would not have been aware of if I hadn't taken the chance to try out this resource."

—Amazon Reviewer

SANDRA OF THE GARDENS (WOODPECKER WOMIN) BA HON., B.ED. I AM A METIS woman of Ojibway, Cree and French descent. I am the granddaughter of a residential school survivor; this legacy has profoundly impacted and directed my life choices. I am mother of six children and a grandmother, all of whom have been my teachers. My journey of expressive arts began when I was five years old in my backyard sandbox. I am a visual artist and have been exhibiting my work since 1978. I am a teacher and have taught in a variety of settings always with an emphasis on using creativity as a catalyst for growth and change. I have facilitated expressive arts healing circles since 1999 and for the last 5 years have implemented Ancestral Call to Balances as an alternative recovery resource with individuals and groups. In the tradition of giving back what I have been given I share the struggles and gifts of my 28 years of recovery. Nominee For The Ontario Arts Foundation Artist/Educator Award 2018 ■

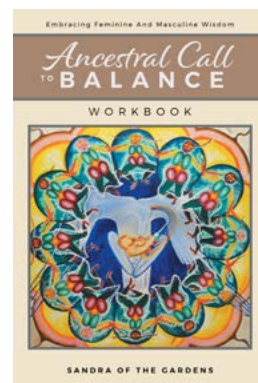


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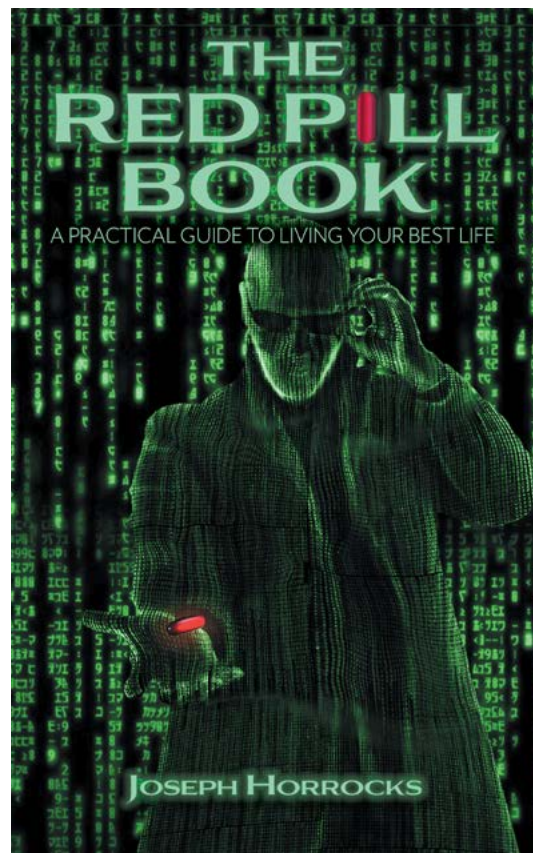
THE RED PILL BOOK

A Practical Guide To Living Your Best Life

BY JOSEPH HORROCKS

IF YOU WAKE UP HAPPILY CONTENT, WITH LOVE IN YOUR HEART AND GRATEFUL FOR the life you've been gifted, then you're already as rich as it gets. However, for many of us today, despite our best efforts, we yearn for an inner peace and positivity that can sometimes be elusive. But, humans are meant to dream and imagine! We're meant to strive for a better life. And there is only one way to achieve it: take action! *The Red Pill Book* will guide you towards the life you are meant to have. You will learn how to harness the immense power of your subconscious mind through increasing your self-awareness, practicing self-care, meditating, and preparing a personal plan for living a life of love and gratitude. Learning to harness the law of attraction is life-changing. But empowering your mind requires dedication and practice. The effort is worth it as you experience the changes it will bring to your life, beliefs, and values. Living your best life is in your hands. With *The Red Pill Book* as your companion, you can free your true potential for happiness and abundance to reach whatever it is that defines your hopes, dreams, and aspirations in life. ■

DEBUT AUTHOR JOSEPH HORROCKS WAS BORN AND RAISED ON THE WEST COAST of Canada in beautiful British Columbia. He grew up on the island paradise of Saltspring Island, which he still considers home. He has a deep interest in metaphysics and the intertwined relationships between the practice of mind power, self-improvement, and meditation techniques. He currently lives in Vancouver, B.C. where he runs a successful renovation company. ■



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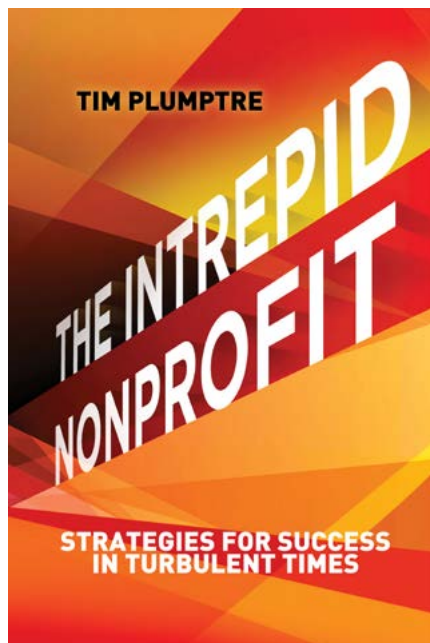
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Strategies for Success
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BY TIM PLUMPTRE



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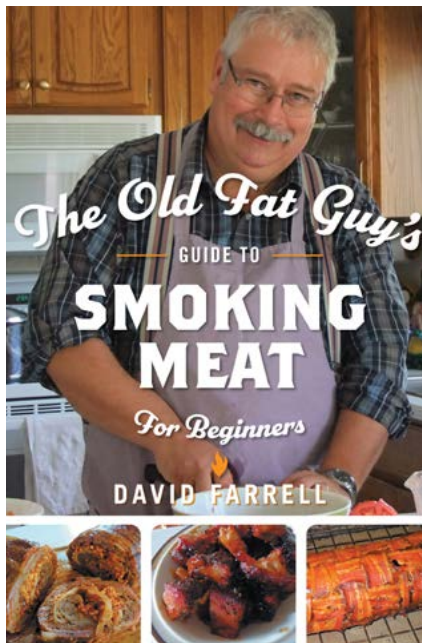
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Crammed full of information, techniques, and tools gleaned from the author's years of experience, this guidebook provides beginning and intermediate smokers with everything they need to start producing classic versions of signature smoked dishes. Contrary to popular belief, smoking doesn't require special skills or expertise. The basic methods are easy, and anyone can learn them. This book covers everything from what type of smoker to purchase, to smoke many types of meat, and health and safety practices to follow. It also includes forty-eight classic recipes that you can follow note for note or adapt as you see fit. Even experienced smokers will appreciate the book's wealth of wisdom and simple step-by-step instructions. Learn the techniques in this guide and apply them, and even if you're the rawest beginner, you will quickly be transformed into a pit master or barbecue diva! ■

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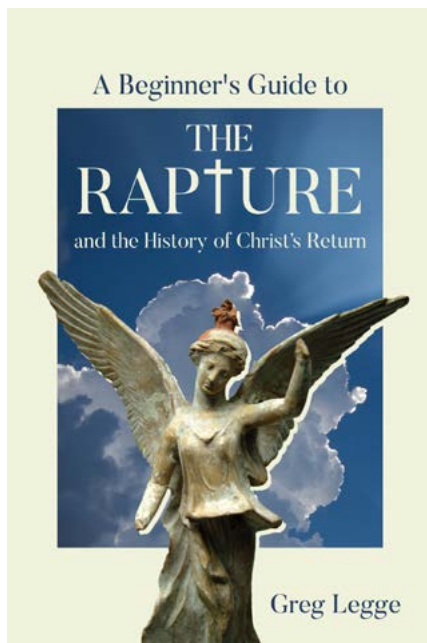
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BY GREG
LEGGE

A BEGINNER'S GUIDE TO THE RAPTURE and the History of Christ's Return

RELIGION,
CHRISTIANITY,
THEOLOGY,
ESCHATOLOGY

114 Pages
Black and White
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THE LORD HIMSELF WILL COME DOWN FROM HEAVEN. WE WILL hear a loud command. We will hear the voice of the leader of the angels. We will hear a blast from God's trumpet. ... We will be taken up in the clouds. We will meet the Lord in the air. And we will be with him forever. (1 Thessalonians 4:16-17, NIV)

Many are waiting for the return of Jesus Christ. But what if it's already happened?

Rapture is the biblical prophecy of Christ's promise to physically return to the earth and gather his followers to meet him in the sky and be granted eternal life in heaven. In *A Beginner's Guide to the Rapture: The History of Christ's Return*, Greg Legge presents a thorough study of historical evidence to argue that Christ fulfilled this promise nearly two thousand years ago.

Legge makes a compelling argument that the rapture has come and gone by pairing history with relevant biblical scripture. From analyzing the works of 19th century Adventists to detailing the lives of the 1st century leaders of the Roman Empire, Legge proves that what society has come to assume about the Second Coming may be completely wrong. ■

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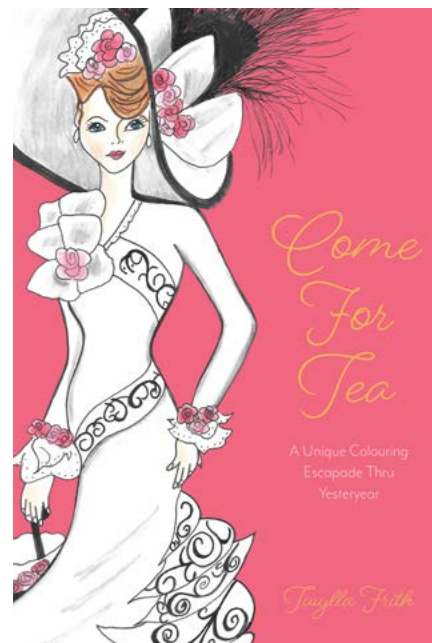
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COME BACK WITH ME IN TIME, TO DAYS GONE BY WHEN THE biggest care of the day was which dress to wear to tea with friends that afternoon. Or perhaps long walks in the park with your sweetheart. Maybe your day included your favourite sweet treat and the perfect cup of tea. Days and Nights were wrapped in elegance and beauty a time that was much more quiet and gentle. Things were simple and went at a peaceful pace. They called it the "Golden Age". Experience your cares drift away as you colour the pages of this book and get tied up in the nostalgia. Relax with your pencils, markers and a cup of tea and explore your creativity. This book is a delight to people of all ages. This book is designed to be enjoyed as a work of art or you may frame the individual pages themselves. From young children, teenagers, adult to older folks who might fondly remember pictures of grandmothers or mothers dressing in like manner. This gorgeous book is a thrill to the senses and a joy to colour. Take a page out of history and continue to make history by colouring this beautiful book today. ■

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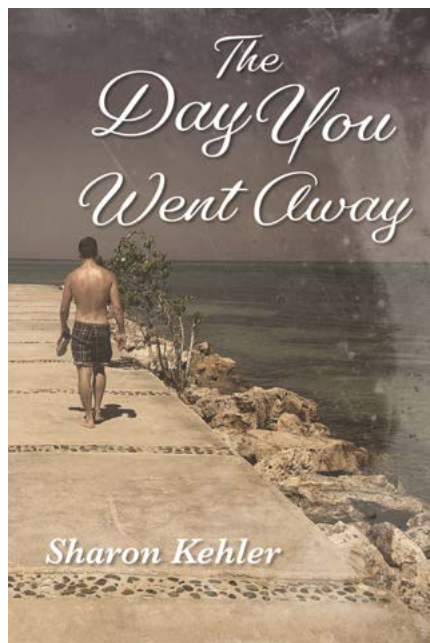
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A parent's worst nightmare evolves as a phone call delivers the news of their son's death.

News of the accident spread quickly as headlines all over the world posted:

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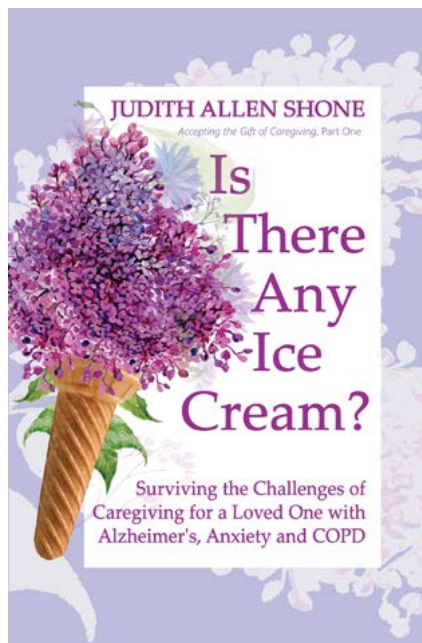
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IS THERE ANY ICE CREAM?

Surviving the Challenges of Caregiving for a Loved One with Alzheimer's, Anxiety, and COPD

BY JUDITH ALLEN SHONE



FAMILY & RELATIONSHIPS, ELDERCARE

336 Pages
Black and White
6 x 9

IN 2018, THE ALZHEIMER SOCIETY OF CANADA WEBSITE SHOWED over half a million people in Canada were living with dementia. That same year, the Alzheimer Association website reported that over 5.7 million in the US were living with a form of memory loss. Unsuspecting family members had to jump into the role of caregiver without warning or training. Often, the caregiver was a spouse. Many caregivers became confused, challenged and eventually overwhelmed from the stress of caring for their loved one.

Judith Allen Shone fell into that category. It never occurred to her to ask "what if" her love became ill and she, alone, had to become the one to take care of him. She never dreamed she would have to become a solo caregiver. But that is exactly what happened. It is from her experiences that Shone came to believe no caregiver should be walking their path afraid or all alone.

Written for all caregivers and those who support caregivers, Shone juggles humor with insight, as she chronicles the story of an untrained and desperate caregiver who, in her memoir-story style, relates her formidable experiences accompanied by the emotional chaos of caregiving for her loved one with COPD, Alzheimer's disease, vascular dementia, cancer, and anxiety, with occasional mysteries arising. Includes one successful intervention. ■

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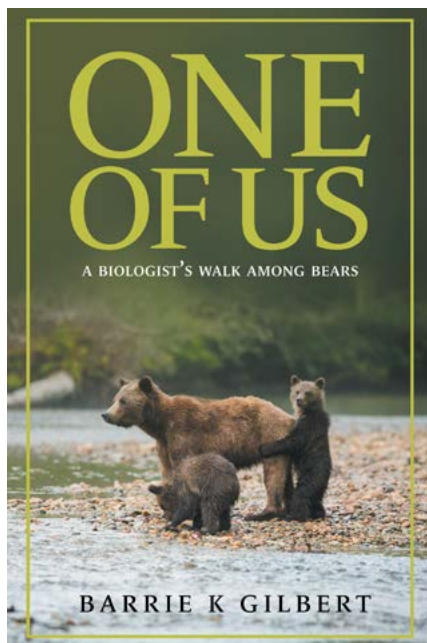
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BY BARRIE K
GILBERT

ONE OF US A Biologist's Walk Among Bears

NATURE, ANIMALS

264 Pages
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BARRIE GILBERT'S FASCINATION WITH GRIZZLY BEARS ALMOST GOT him killed in Yellowstone National Park. He recovered, returned to fieldwork and devoted the next several decades to understanding and protecting these often-maligned giants. He has spent thousands of hours among wild grizzlies in Yosemite and Yellowstone national parks, Alberta, coastal British Columbia, and along Brooks River in Alaska's Katmai National Park, where hundreds of people gather to watch dozens of grizzlies feast on salmon. His research has centered on how bears respond to people and each other, with a focus on how to keep humans and bears safe.

Drawn from his decades of experience, *One of Us: A Biologist's Walk Among Bears* explodes myths that depict grizzlies as bloodthirsty beasts that "kill for pleasure" and reveals the intelligent, adaptable side of these astonishingly social animals. He also explains their pivotal role in maintaining and protecting their fragile ecosystems. Accordingly, Gilbert pulls no punches when outlining threats to bear conservation. Most importantly, this book extolls a new way of appreciating grizzly bears, the same way we regard wolves, whales, chimpanzees, and gorillas. ■

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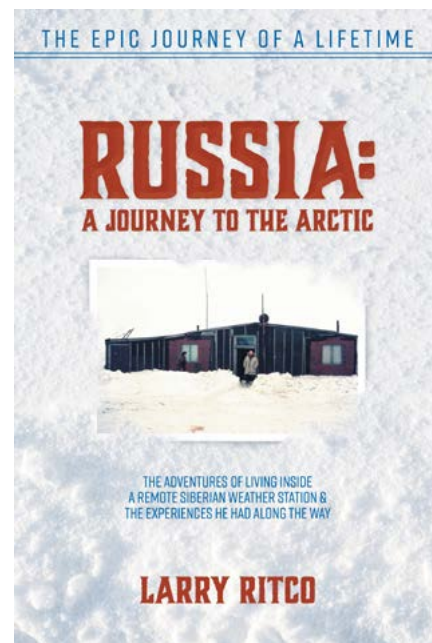
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BY LARRY RITCO

RUSSIA A Journey to the Arctic

TRAVEL, RUSSIA

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IN 1994 LARRY RITCO WAS GIVEN THE OPPORTUNITY TO TRAVEL TO northern Russia just inside the Arctic Circle on an engineering assignment for a Gazprom gas pipeline project.

On the shores of Baydaratskaya Bay at a remote Siberian weather station, Larry shares with us his adventures, and sometimes misadventures, of living, eating and sleeping alongside the Russian drillers, the weather personnel, Alex the cook, and Gypsy the castaway dog.

Excerpts from his daily diary provide us with a day-to-day glimpse of some of the personal challenges and decisions he faced on his encounters with the unknown and unexpected.

From flying in luxury in modern commercial airlines, business class, to enduring the cramped conditions of a cargo plane, sitting amongst its cargo, then flying in noisy, large Sikorsky helicopters, the journey to the north, which should have taken only four days, took nine (it would have taken longer if dog sleds were needed)!

Not only was it the destination, but also the journey, that left Larry with a lifetime of memories. ■

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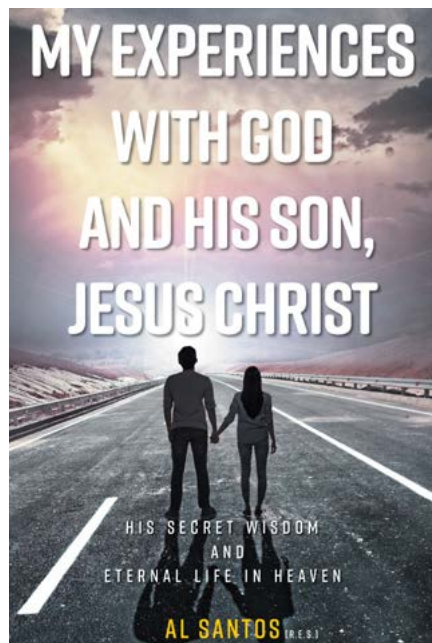
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MY EXPERIENCES WITH GOD AND HIS SON, JESUS CHRIST

His Secret Wisdom and Eternal Life in Heaven

BY AL SANTOS



RELIGION, SPIRITUALITY

348 Pages
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“ENTER THROUGH THE NARROW GATE. FOR WIDE IS THE GATE AND broad is the road that leads to destruction, and many enter through it. But small is the gate and narrow the road that leads to life, and only a few find it.” (Matt 7:13-14 NIV)

Join Al Santos on an inspirational and thought-provoking journey, exploring eternal life in heaven and God’s secret wisdom. Be prepared to be challenged, as the journey is not always easy. Contained within these pages is the true word of the Lord, the secret wisdom that will allow a select few to enter heaven. Despite what many Christians are told, living a Christian life, repenting of our sins, and receiving Last Rites are not sufficient to gain believers entry. Eternal life requires more, and God expects more from us.

Most Christians have received the spirit of the world, which only recognizes physical realities. In these pages, Santos suggests we learn from an anointed one, “not in words taught us by human wisdom but in words taught by the Spirit, explaining spiritual realities with Spirit-taught words” (1 Cor 2:13 NIV).

The secret wisdom of the Lord is exactly that: secret wisdom. It is hard-won, difficult to come by, and may not be attained even by the anointed ones. If we read closely enough, it is there—but the road to it is narrow and fraught with difficulty. If we persevere on that narrow path, we will gain God’s Holy Spirit, the message of truth, and the gospel of our salvation. ■

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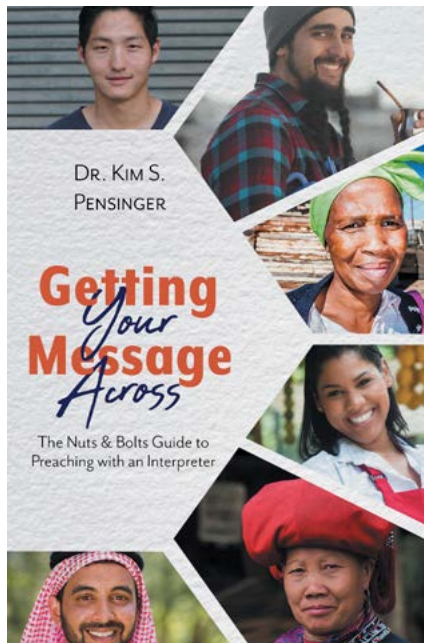
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GETTING YOUR MESSAGE ACROSS

The Nuts & Bolts Guide to Preaching with an Interpreter

BY DR. KIM S. PENSINGER



RELIGION, MISSIONS & MISSIONARY WORK

114 Pages
Black and White
5 x 8

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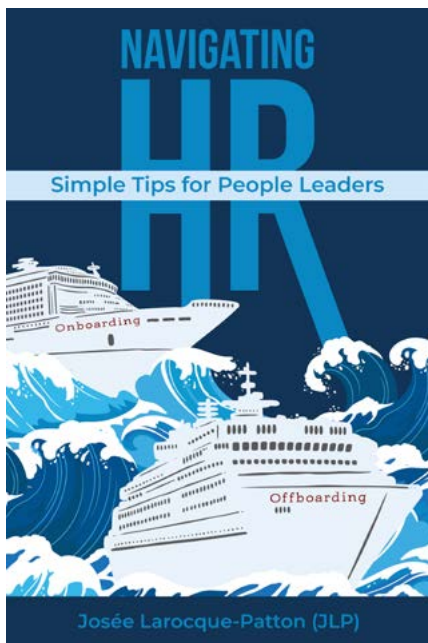
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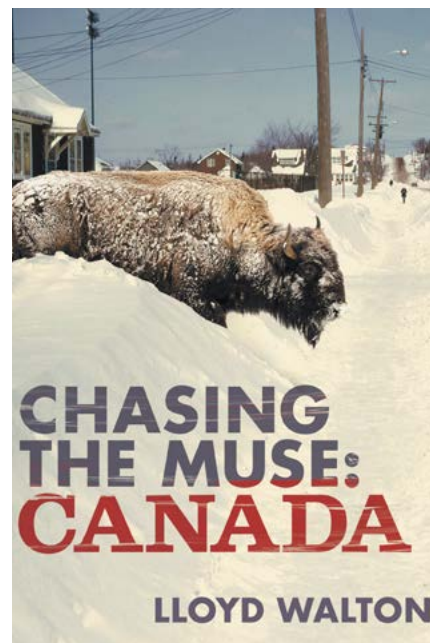
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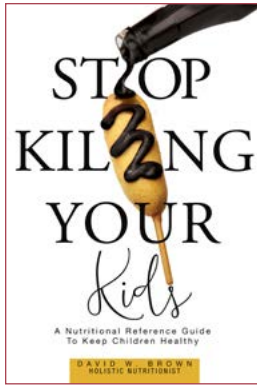
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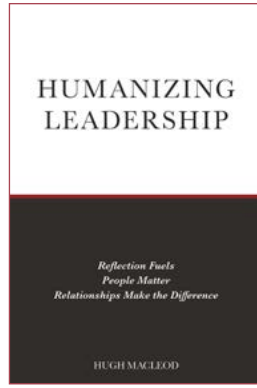
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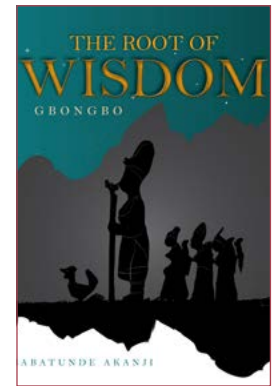
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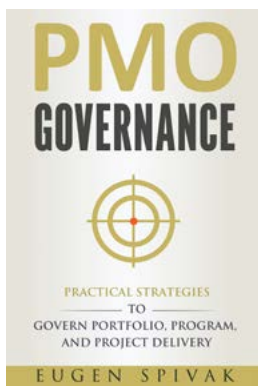
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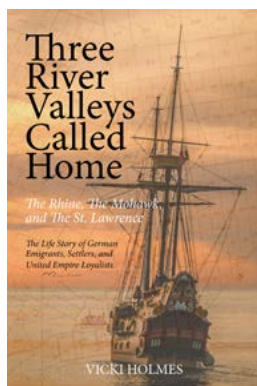
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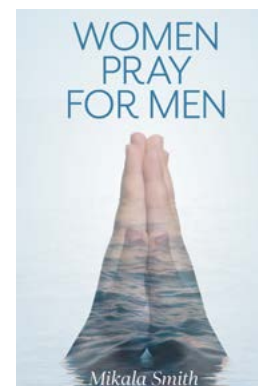
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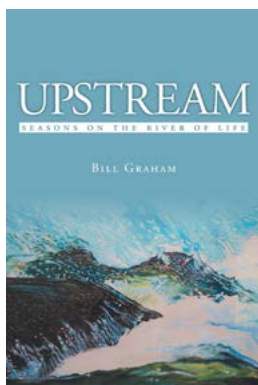
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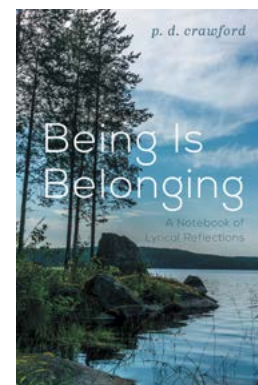
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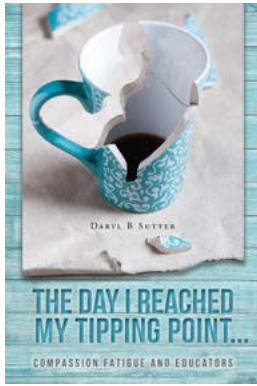
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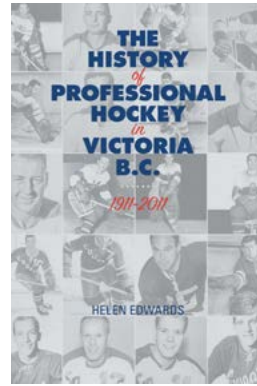
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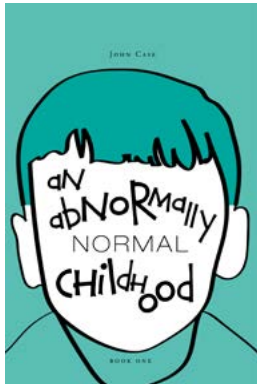
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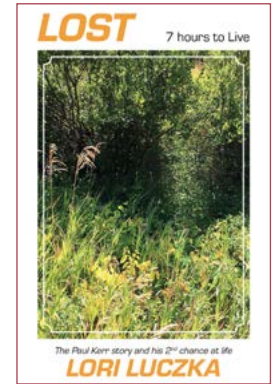
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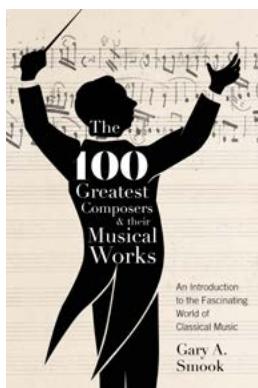
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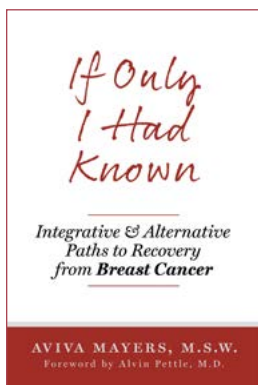
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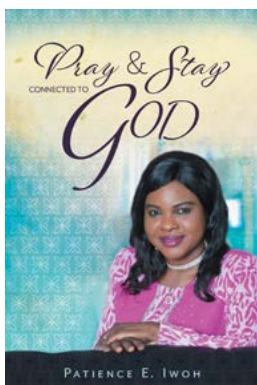
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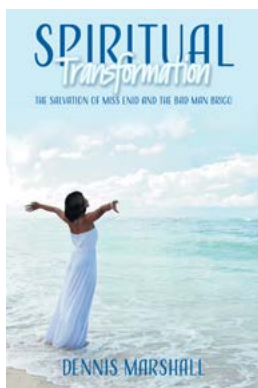
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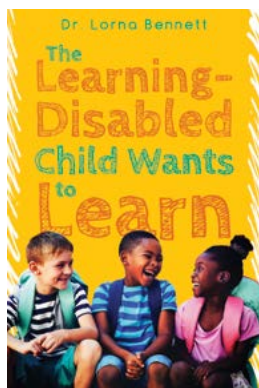
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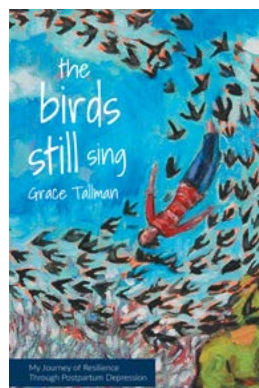
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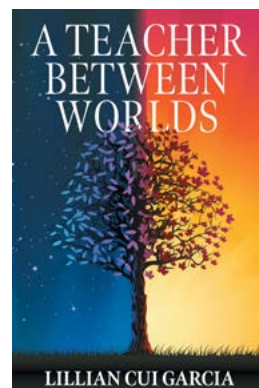
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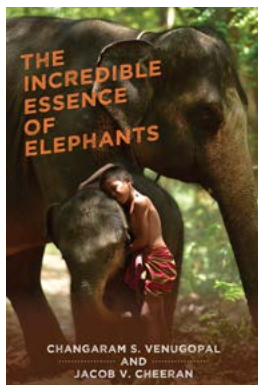
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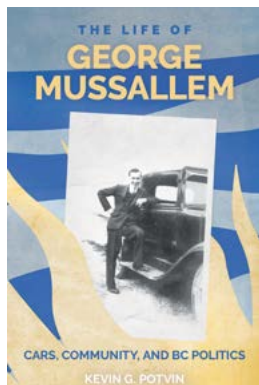
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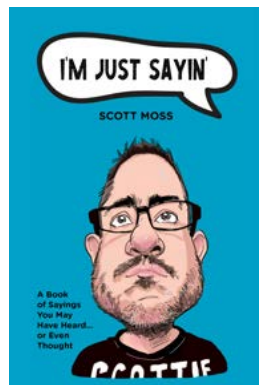
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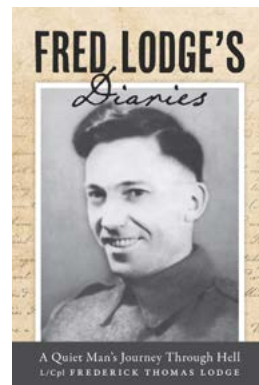
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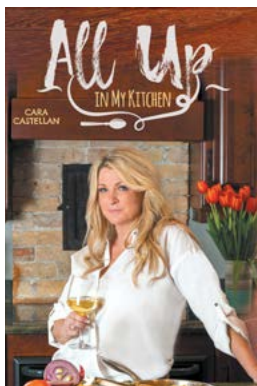
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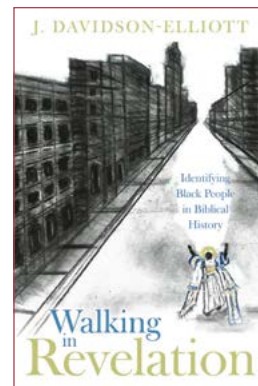
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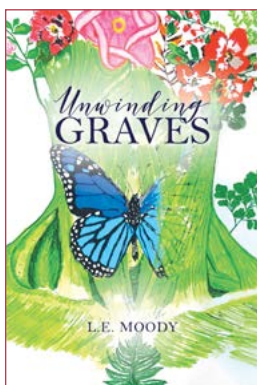
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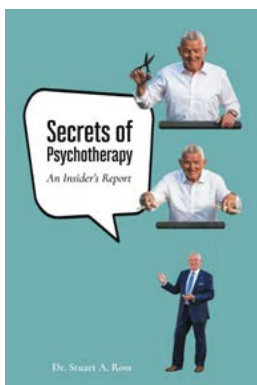
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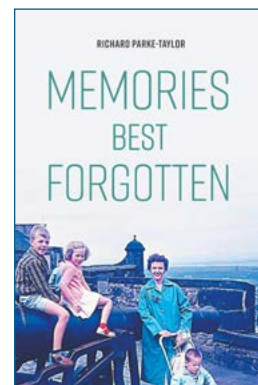
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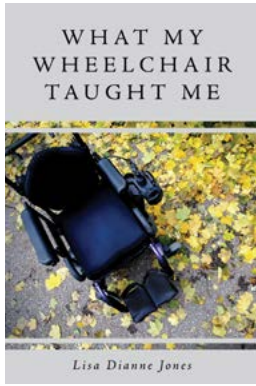
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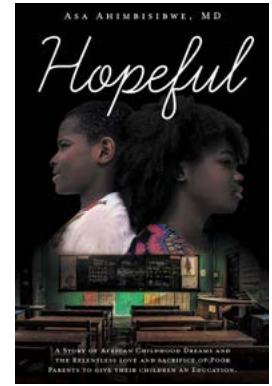
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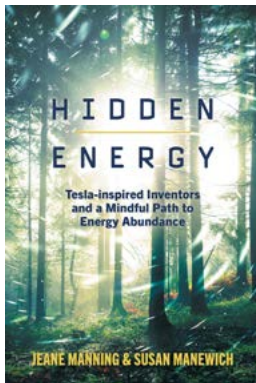
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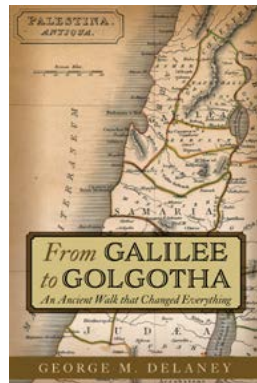
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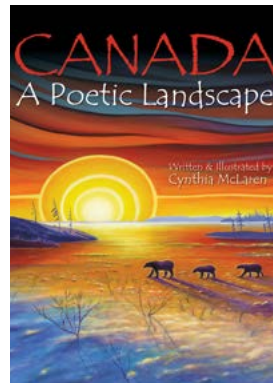
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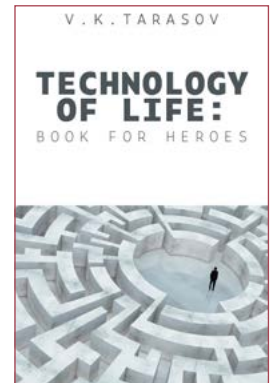
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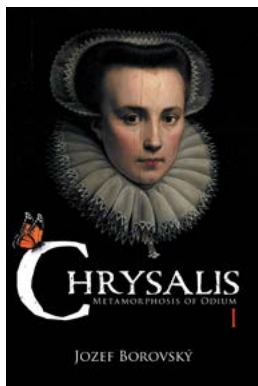
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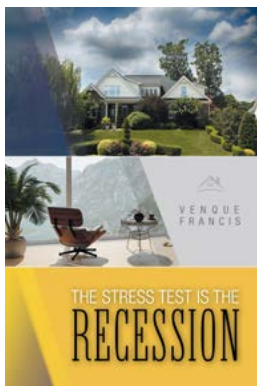
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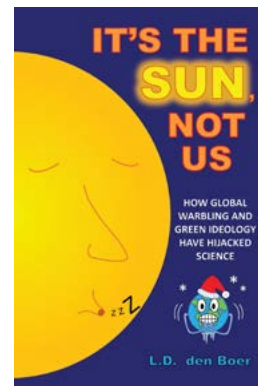
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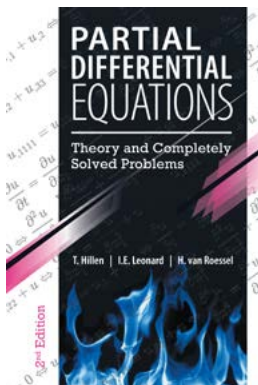
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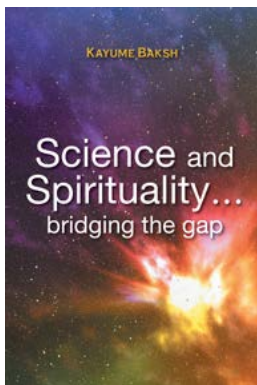
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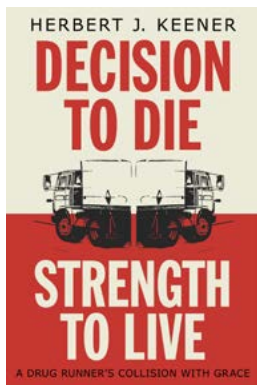
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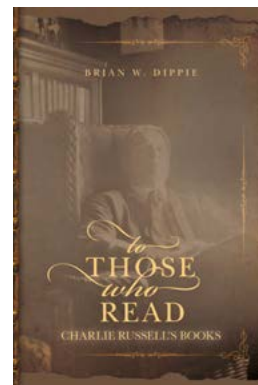
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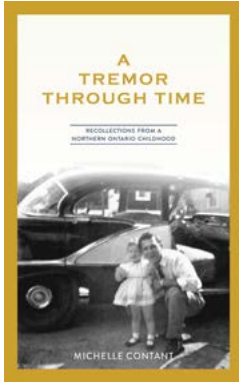
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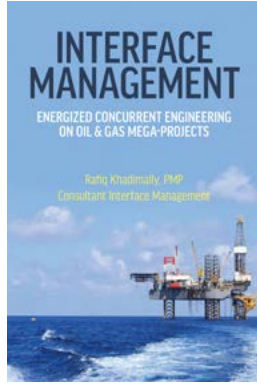
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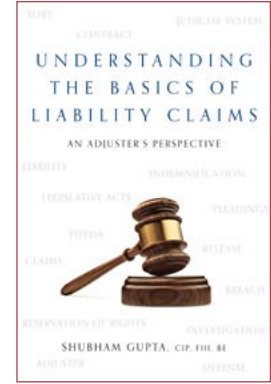
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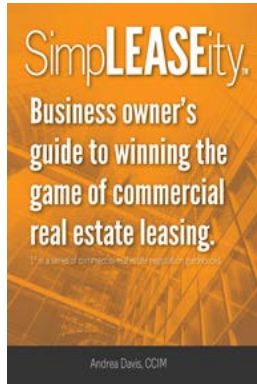
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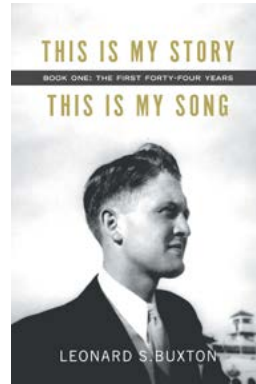
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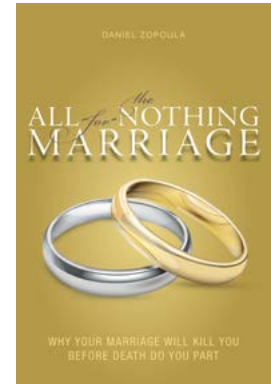
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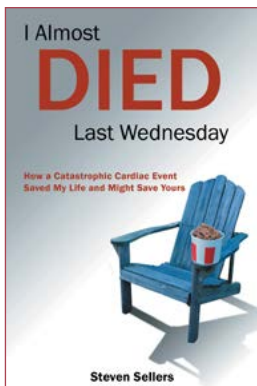


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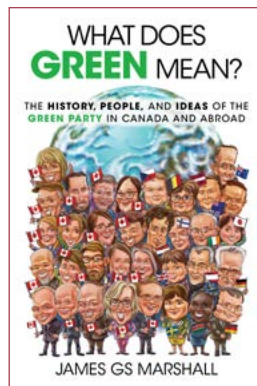


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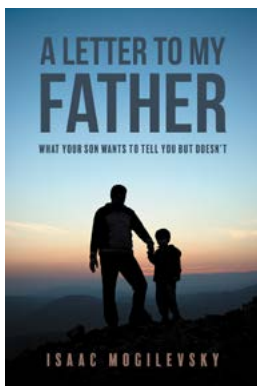


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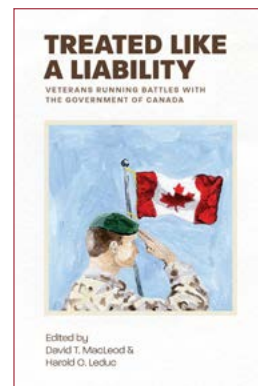


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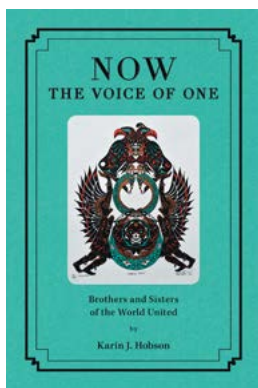


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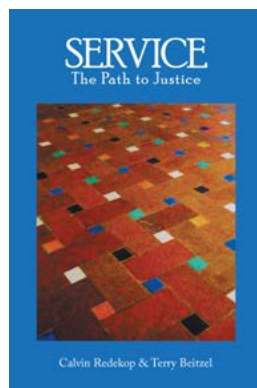
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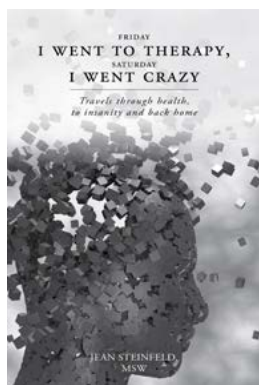
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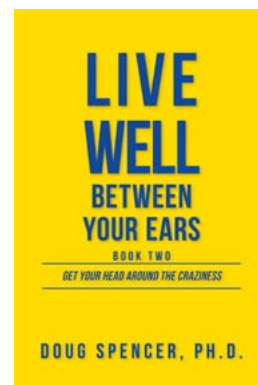
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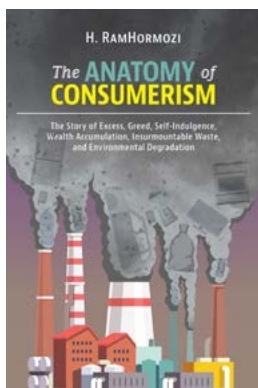
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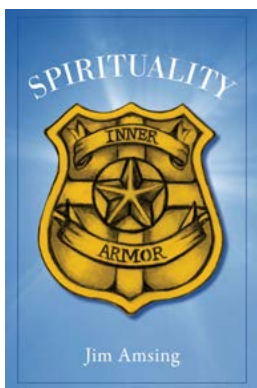


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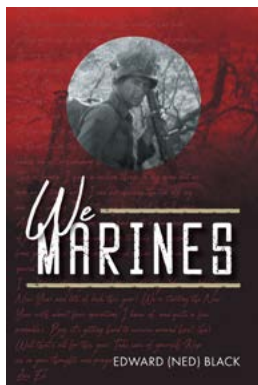


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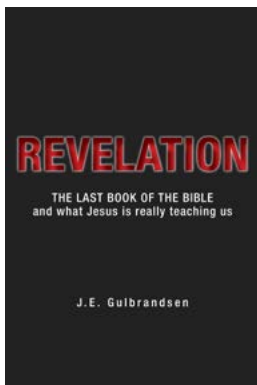


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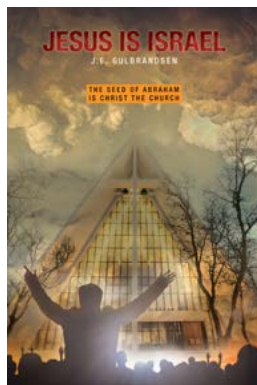


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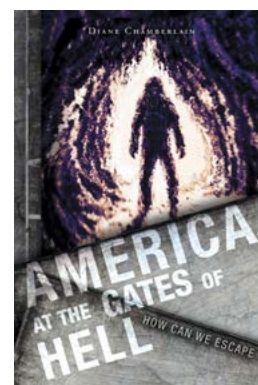


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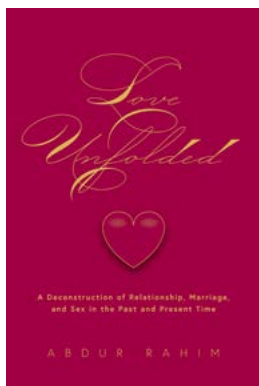


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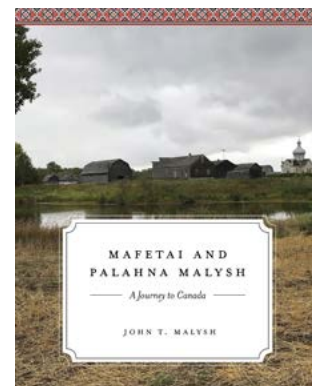
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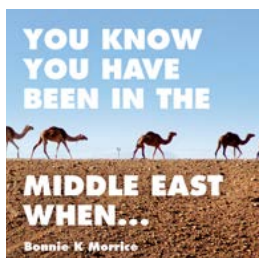
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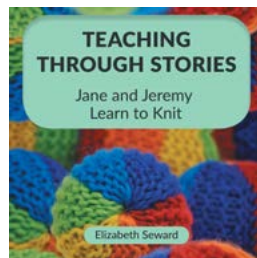
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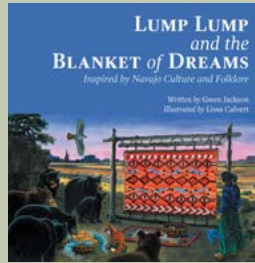
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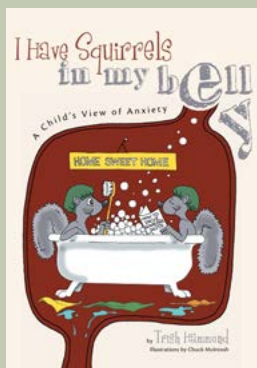
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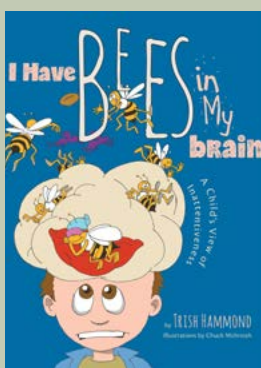
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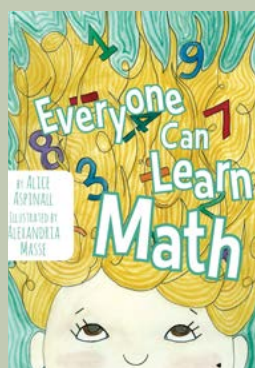
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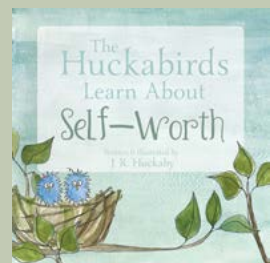
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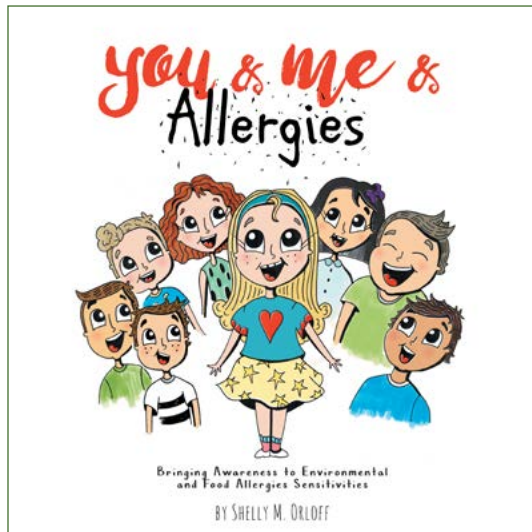
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YOU & ME & ALLERGIES

Bringing Awareness to Environmental and Food Allergies Sensitivities

BY SHELLY M. ORLOFF



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“WHY ME?” JENA SHOUTED AS SHE STOMPED INTO HER BATHROOM EARLY ONE school-day morning...

Jena’s tummy hurt – again – and she couldn’t understand why she had to struggle with such physical Discomfort at the worst of times. Jena knows that she has celiac disease, but it frustrates her that she has to stick to a different diet than what her friends can eat. Then one day at school Jena Discovers that lots of other children face physical challenges as well. From asthma to Crohn’s disease, *You & Me & Allergies* will teach young readers that they are not alone in their individual struggles, and that they can help others who deal with allergies and potentially life-threatening conditions. ■

www.shellyorloff.ca

“Great family book This book was intelligent, funny and knowledgeable. My kids loved it and also learned something. Would be a great book for teachers to read to their class”

—Amazon Customer

“Excellent book for all children to read. I read this book yesterday and it is a fabulous introduction to children understanding allergies not only for their own purpose, but to understand other children’s allergies who they are friends with. I feel this book should be in every school to teach children the importance of understanding allergies. 10 out of 10!”

—Maureen Mansoor

“The best book for kids. I bought this book for my kids and we all love it. Its not just fun to read but it also educational book as well. Easy to read and lots of pics for kids to watch. Highly recomend it. Thank you”

—Amazon Customer

“Very educational, funny and creative

*****FIVE STAR REVIEW*****

“I have two boys and we recently purchased You & Me & Allergies and my boys absolutely loved it. I highly recommend this book for all ages of youngsters. It is Sam and Salims favourite bedtime book. 10 out of 10”

—Ryan Eisenhut

SHELLY ORLOFF DRAWS ON THE REAL-LIFE ISSUES FACED BY HER FAMILY TO CREATE an engaging story about children dealing with allergies and other health concerns. Having worked in the school system for over twenty years, Shelly possesses a deep understanding of how to help children learn compassion and understanding of others. *You & Me & Allergies* is her first published book, and she hopes to write others featuring Jena and her friends.

Shelly lives in West Kelowna, British Columbia, Canada with her loving husband, and their two dogs. They have been blessed with three uniquely talented grown children and a loving family consisting of an energetic grandson, a talented sister-in-law, devoted son-in-law and cherished daughter-in-law. ■

THE HUCKABIRDS LEARN ABOUT SELF-WORTH

BY J. R. HUCKABY

THIS BOOK IS 3-IN-1. IT INCLUDES TWO FULL ILLUSTRATED CHILDREN'S STORIES and a chapter for adults. The combination of two stories and the help for adults together give common language, images, Discussion questions, and practical application for understanding this crucial topic. Most people in the fields of child development, social work, and psychology agree that a pivotal factor in what occurs both inside and between people is the picture of self-worth that each person carries inside.

This book is intended for young children and the significant adults in their lives: parents, grandparents, teachers, care-givers, and therapists. Children will find the artsy, playful Huckabirds appealing and will relate to their real life experiences. Adults desiring to give children a Christian perspective and to be intentional in raising healthy, whole-hearted children will be helped and encouraged by the teaching chapter in the back. ■

www.huckabirds.com

"As a pediatrician, I try to offer lessons of truth for raising kids. How I wish I had the Huckabirds when I was a young parent and how thankful I am that I can share these with my patients and parents."

—R. Michael Green, MD

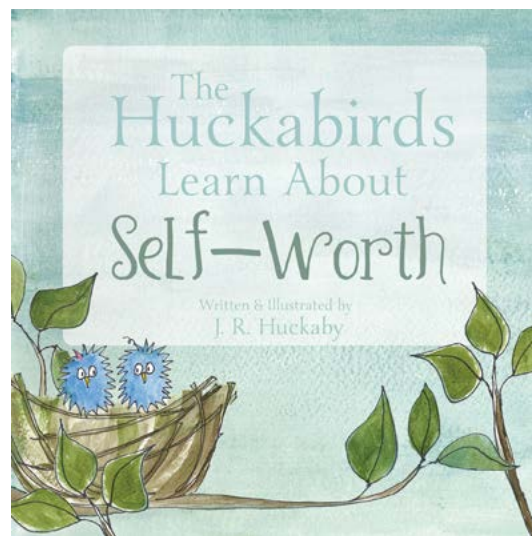
"This book helps children understand the invaluable truth about their own worth -- that they are loved, belong, and celebrated by the God of the universe. It not only paints a beautiful overarching theological perspective of identity, but also gives parents practical advice on how to help their child avoid comparison and instead to live out of their innate value and worth. I highly recommend it to children and parents alike!"

—Summers McMurray, Psy.D., licensed clinical psychologist

"You can't help but love the Huckabirds! As a former elementary school educator and current Preschool Director in a large, faith-based school, the Huckabirds series engages children to learn about themselves, others, and how God celebrates our differences. These captivating books provide parents additional support in building core Christian principles in their children's lives. I recommend this wonderful series to benefit generations of family members!"

—Karen Witcher, Director,
Cedar Springs Weekday SchoolAAAEarly Childhood M.Ed.

DEBUT AUTHOR J. R. HUCKABY HAS A LENGTHY PROFESSIONAL BACKGROUND OF investing in people. She holds a Bachelor of Science in Elementary Education and a Master of Science in Educational Psychology and Guidance. She served both as a middle school counselor and a high school counselor. She also served as a Licensed Professional Counselor in private practice for some fifteen years in North Carolina. Judy has also served on church staff in pastoral care. She lives in Tennessee with her husband. Her three married sons have added three beloved grandchildren to the fold. These stories are for them and all children ■



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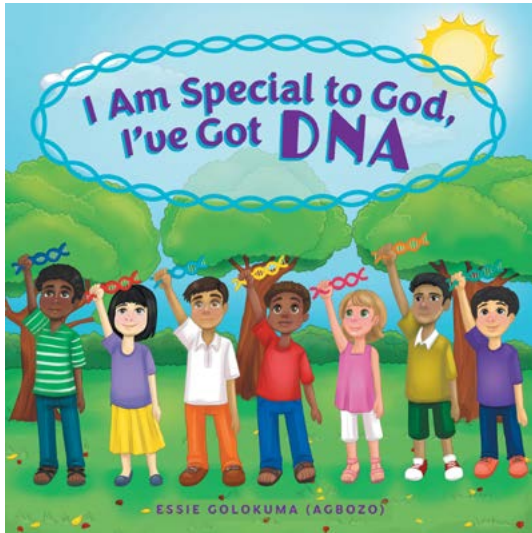
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THIS BOOK HAS BEEN NEAR AND DEAR TO MY HEART AND IT IS MY HOPE THAT EVERY child who reads it will know they have value and will no longer experience that feeling of emptiness or lack of direction or purpose. We are all wonderfully made. Why are our children filling the void in their souls with drugs and alcohol and committing suicide? I hope that through this simple book, children will realize their intrinsic value and in so doing, will build empathy for others and prevent them from willfully doing harm to themselves and others. ■

I AM A WIFE, MOTHER OF TWO CHILDREN, A REGISTERED NURSE BY PROFESSION AND I have lived in St. Albert, Canada since 1985. I love the uniqueness of people; especially children. Children are so innocent and completely trusting with huge potential to learn. My belief is that, if all adults can teach children how to love, and accept themselves and others, it would make the world a much better place. I had a happy childhood growing up in Ghana with my three siblings. I enjoy nursing which brings me into contact with unique people all day long. ■

BY M. MAMMONEK

PRINCESS AND TROLL

Once Upon A Time on a Bad Hair Day

PRINCESS MARIE ANTONETTE, WHO LIVES IN A FAIRY-TALE KINGDOM FAR AWAY, IS no ordinary girl. Her long, beautiful hair changes colour several times a day—from blue, to pink, to violet, and more! Her parents worry that she is sick, but the princess's fairy godmother knows best. Marie's hair is special and made of magic—and it is alive! It can move all by itself, and sometimes it can be very stubborn. However, her hair can also make dreams come true, changing colours to amuse the other children, and even turning into butterflies!

However, there is someone nearby who does not like the royal family, the princess, or any of the children who live in the kingdom. He is the troll who lives beneath the floorboards of the princess's room, and he is angry that everybody is so loud and having more fun than he. One day, he puts a mean spell on the princess's hair that turns it into a hideous mess, and instead of butterflies, terrifying beasts come out of it!

Both the troll and the princess are very unhappy, but one day they meet each other. The princess realizes that the troll is not evil—he is just misunderstood. Everybody deserves to be happy. However, will they be able to put aside their anger and differences to make peace?

In *"Princess and Troll,"* a delightful rhyming fairy tale, M. Mammonek explores conflict resolution through peaceful means, encouraging children to foster empathy with one another and work together to achieve their dreams. ■

www.mammonek.com

M. MAMMONEK IS A WRITER WHO CURRENTLY RESIDES IN SASKATOON, CANADA, with her husband, Jacek, and their two English Mastiffs. She holds a BA from the University of Regina, and she studied art and art history at the University of Pretoria. She also studied Architectural Design at the Technical University of Gdansk. She is a photographer and enjoys travelling.

A mother herself, M. Mammonek has a big love for children and enjoys telling them stories that bring joy. Her first publication was *"Escape from Cat City"* (2018), which was received well by children and her community. *"Princess and Troll,"* a delightful rhymed fairy tale inspired by the author's own bad hair day, is about two lonely young ones finding each other. M. Mammonek hopes this story will show children how true happiness comes from resolving conflicts in a peaceful way. ■



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GRANDMA DO I HAVE A HOME

BY LINDA L CORNISH



JUVENILE FICTION, FAMILY MARRIAGE & DIVORCE

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THIS BOOK BLOSSOMED FROM A TEACHING MOMENT WHEN A LITTLE ONE ASKED, "Grandma, do I have a home?" As a grandmother wanting to put a child's mind at ease, this story was created. The story is about a young child named Blake who has always lived with Mom and Dad. Blake becomes troubled when his parent's divorce leaves him worrying about what happens when his parents do not live in the same house.

As you hold this book, I hope you recognize the comfort, the security, and the love that Blake comes to realize as he learns his life is full of many homes, each holding a special place for him. ■

I GREW UP IN DAWSON CREEK, A SMALL FARMING COMMUNITY IN NORTHERN British Columbia, Canada. I later moved to Edmonton, Alberta, to be closer to my two daughters and their families. My days are filled with fun working as an Education Assistant helping children achieve their full potential. When I am not at school I am lost in a world of writing poetry and lyrics, and when I am very lucky, I am spending time with my amazing grandchildren.

My philosophy is that children should be encouraged to believe in themselves. They are amazing young people who do see, hear, and care, and they deserve to be listened to and protected. Children are the world's precious gifts. ■

"Grandma, Do I Have A Home? is a sweet story that reassures young children that they still belong somewhere after family separation. We have many homes, and each one has someone who loves us and waits for our visit. The story follows the format of a young boy opening several doors within a book, and behind each door he finds a picture of him with someone important to him. Children will relate to the various names for relatives used in the book."

Grade 3 Teacher

Testimony from Kindergarten Teacher

"The comments were both from children with and without divorce/separation in their lives. The children were SO into your conversation."

Testimony from 6 Kindergarten Children

"My favorite part was how we got to guess what was behind the different coloured doors. My favourite is blue."

"I loved the part about the soup. It sounded sooooo yummy."

"I LOVED the book because I love to spend time with my Grandma."

"I liked learning about the different ways people say Grandma and Grandpa. I have a Nana and Papa too."

"I love my Nan and Pop. I didn't know their home was my home, too. I'm gonna visit my Nan and Pop soon."

"My dad has his home. My mom has her home. I have two homes. Hey that's cool!"

BY LAUREL ELLEN

HUNTER'S SUPER NIGHT

MANY OF US STRUGGLE WITH ANXIETIES. TINY OWLS ARE NO EXCEPTION.

Hunter and his friends each find the excitement of their first "night" at kindergarten overshadowed by fears of inadequacy.

Through encouragement from their families, teacher and new friends, the tiny owls Discover the gift of uniqueness and that being brave and kind really can lead to a super night!■

www.laurelellen.ca

"Laurice's beautifully shaded cartoon illustrations highlight the owls' differences and strengths...Ellen's accessible prose is complemented by the rhyming verses seeded naturally into the dialogue, and the refrain will inspire lap readers to join in...These charming, differently abled owls give just the right comforting encouragement."

—Kirkus Reviews

"This book should be in every school library!! Thank you for writing this!"

—Donna Lynne Erickson, "The Funny Thing About Death"

"It was an absolute pleasure having you visit our school. Your book is beautiful, the story has an awesome message and the illustrations are beyond amazing! The children loved, loved, loved your book. I know once it is on the shelf, it will be taken out a lot."

—Lori Helston - Learning Commons Facilitator,

—Ralph McCall School

—Airdrie, Alberta

"It has become our family's favourite! I love the rhyming, and how every child can relate to one of the characters. It's beautifully written."

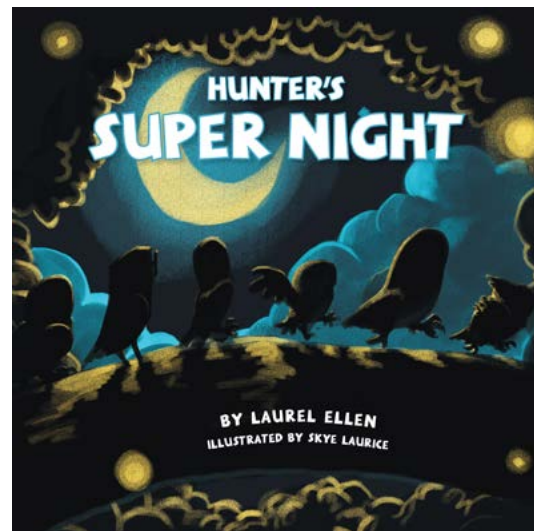
—Carol Chute, grandma

"In a world consumed with diversity, this illustrates we are not really so different from one another at our core."

—Ruth Purvis, Counselling Centre Board Member

LAUREL ELLEN SPENDS MOST OF HER TIME IN BEAUTIFUL BRITISH COLUMBIA. A love of memorable books and a desire to share her granddaughter's artwork fuelled her drive to write a story that would help children through some of life's scarier moments, while also encouraging them to be kind and loving to others. Laurel has seven uniquely gifted grandkids who have all stolen her heart.

Skye Laurice has loved drawing from a very young age (her younger brothers swear they saw "cave paintings" in the womb). Most days you'll find Skye attached to her drawing tablet, doodling, illustrating, designing and dreaming up new characters, animals and monsters. She also enjoys casual gaming and loves birds!■



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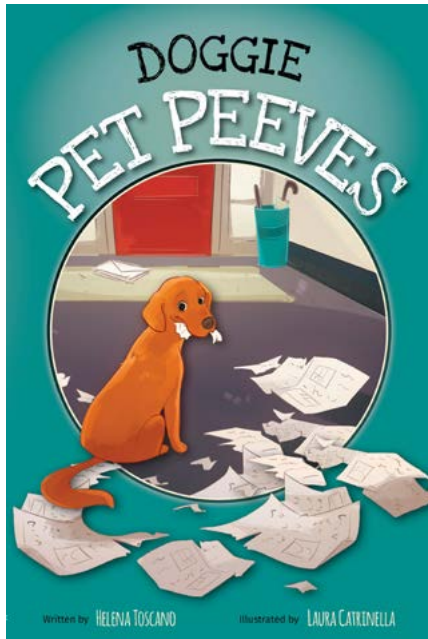
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DOGGIE PET PEEVES BY HELENA TOSCANO



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DEAR PAPERBOY,AAA AAAPLEASE DO NOT PASS NEWSPAPER through slot in door to the furry 'paper shredder' on the other side. Leave in metal box by door instead. Thank you!

From chewing our shoes to shredding our newspapers, to walking us—instead of the other way around—dogs can drive us crazy! But at the end of the day, when they curl up at our feet and look at us with those 'puppy dog' eyes, we know it's all worth it.

A light hearted and humorous glimpse of what it's like to live with these furry, loveable and mischievous pets, *Doggie Pet Peeves* by Helena Toscano offers short and entertaining snapshots into life with a pup. Perfect for dog lovers everywhere, this book will have readers laughing and reminiscing about their adventures with their own furry friends. ■

www.helenatoscano.com

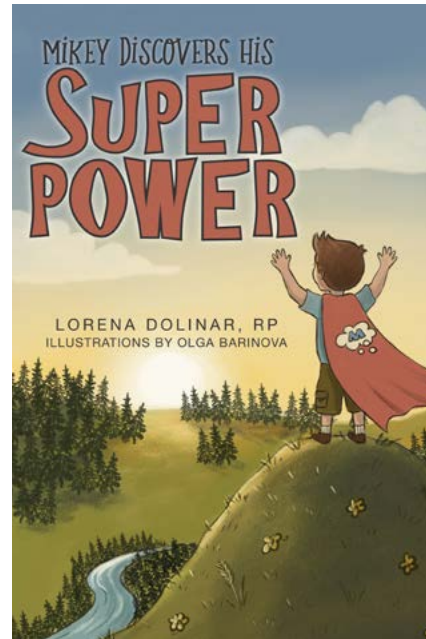
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MIKEY DISCOVERS HIS SUPER POWER BY LORENA DOLINAR

BY LORENA DOLINAR



**JUVENILE NONFICTION,
HEALTH & DAILY LIVING,
MINDFULNESS &
MEDITATION**
44 Pages
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MIKEY IS A BOY WHO WORRIES A LOT. HE HAS TROUBLE ENJOYING life, and spends his days playing games on his tablet and ignoring the world. Eventually, his mom takes away his tablet, and Mikey doesn't know what to do. He feels bad about himself, and cries alone in his room. However, his friend Nia knows how to help him. She has a superpower, and Mikey does too—it's a superpower that everybody has! This superpower is mindfulness, which means being present in the moment by taking deep breaths and allowing thoughts and feelings to come and go like the wind. Nia shows Mikey an easy way to practice mindfulness, and his life changes forever.

In this heartwarming and informational book, Lorena Dolinar helps parents and teachers alike teach children the power and importance of mindfulness. It introduces readers to what mindfulness is and why it is important to develop a regular practice. Through the example of Mikey, Dolinar shows us how tapping into this natural "superpower" is the key to living a healthy and extraordinary life. ■

www.lorenadolinar.ca

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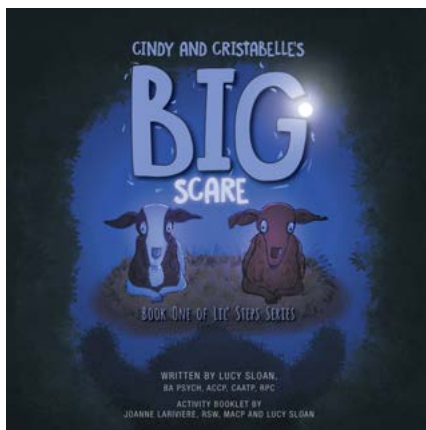
CINDY AND CRISTABELLE'S BIG SCARE

BY LUCY SLOAN

Book One of Lil' Steps Series

EDUCATION PRESCHOOL
& KINDERGARTEN

72 Pages
Full Color
8.5 x 8.5



CINDY AND CRISTABELLE ARE TWO LITTLE FAINTING GOATS WITH big worries. After all, while life at Lil' Steps Farm seems happy and safe, it could change at any moment! Yet no matter how cautious they are, their worries and fears keep growing, and soon Cindy and Cristabelle don't know where to turn. Lucky for them, they have a friend in Wilbert the Pig. He'll teach the goats that when you take a moment to appreciate the world around you, you'll realize there's a lot of reasons to feel as happy as happy can be!

Cindy and Cristabelle's Big Scare tackles the subject of childhood anxiety disorders in two stages: the storybook and the workbook. This approach helps adults to learn more about anxiety and how to manage it together with their child. Adults and children alike will love joining the animals of Lil' Steps Farm in learning more about worries and fears, and how to overcome them!■

www.lilstepswellnessfarm.net

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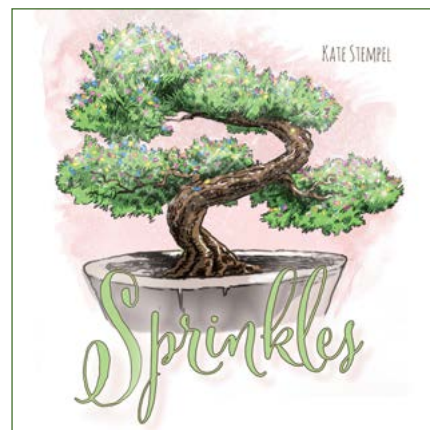
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FRIENDSHIP

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SKY, A YOUNG BAKER EXTRAORDINAIRE, IS SELLING HER FAMOUS cupcakes to raise money for the local animal shelter where she found her beloved dog, Cocoa. Everyone is crazy about Sky's cupcakes. Everyone, that is, except Mr. Conway. Can Sky and Cocoa help a lonely elderly man find a reason to smile again? Join Sky and Cocoa as they explore how the smallest gestures in life can sometimes have the greatest impact and how friendship comes in all shapes and sizes.

Mini cupcakes, mini trees, and mini moments combine to form the perfect recipe for life lessons as Sky and Cocoa learn about the power of friendship, responsibility, and what it means to give back to the community. *Sprinkles* will delight girls and boys by teaching them to imagine, smile, and show compassion.■

www.sprinklesthebook.com

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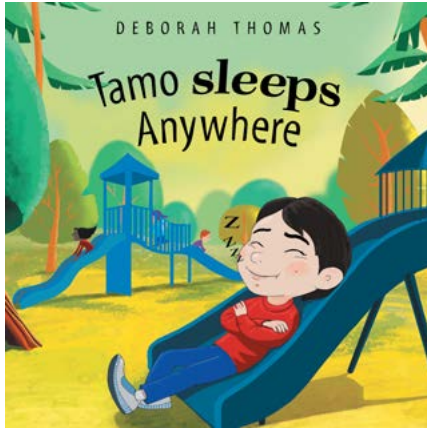
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BY DEBORAH THOMAS



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UNLIKE MOST CHILDREN HIS AGE, TAMO DOESN'T MIND GOING TO sleep. He can sleep anytime and anywhere—in the strangest of places and the silliest of positions! From tree branches to grocery carts, Tamo never misses an opportunity to snooze. Children will delight in this story, told in verse and brimming with illustrations, as they Discover that sleep is not punishment but is fun and makes us feel good. Everyone needs to sleep—it doesn't matter where or when, sleeping is good for everyone!■

www.tamosleepsanywhere.com

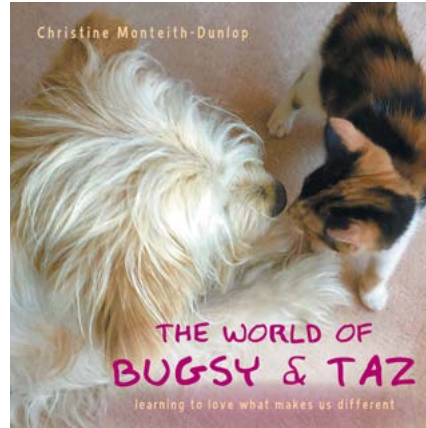
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 learning to love what makes us different

BY CHRISTINE MONTEITH-DUNLOP



JUVENILE NONFICTION, PHOTOGRAPHY
 28 Pages
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 8.5 x 8.5

THIS IS MY FIRST EVER CHILDREN'S BOOK, WHICH I HOPE YOU WILL enjoy reading as well as sharing the pictures taken by myself, of my dear pets, Taz and Bugsy. They are inseparable and have a deep and simple love for one another.

They inspired me to write about something I strongly believe in and was taught as a child, as well as teaching my own children as they grew up these same values.■

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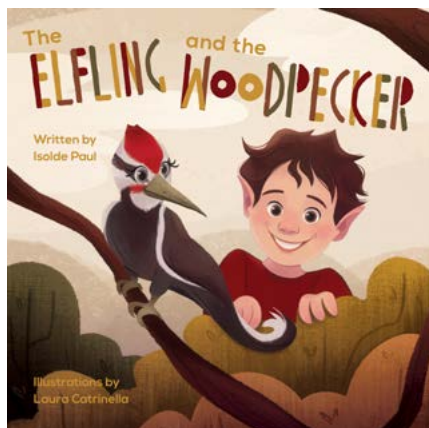
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ELDER ELF BUXTON IS IN A TERRIBLE DILEMMA – HIS BEARD IS STUCK to a tree and nighttime is approaching. Bastian the elfling seeks the guidance of a woodpecker and other woodland friends to help. With cooperation and determination, they are able to free Buxton. This sweet and imaginative tale will delight young readers. Teachings about manners, friendship, bravery, and loyalty are all affirmed within the very short tale. ■

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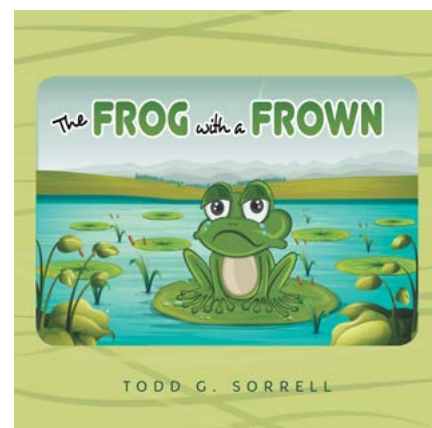
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A GOOD SELF-ESTEEM IS A TRICKY TARGET. THE JOURNEY THROUGH childhood is filled with emotional roadblocks, and trying to arrive at young adulthood with a strong sense of self-worth can be the most challenging.

In this touching tale, a sad and lonely frog is reminded by a wise dragonfly that even the most simple, intrinsic qualities we have make us special and unique. We are all reminded to shed our former negative thoughts and trade them for the treasures within. ■

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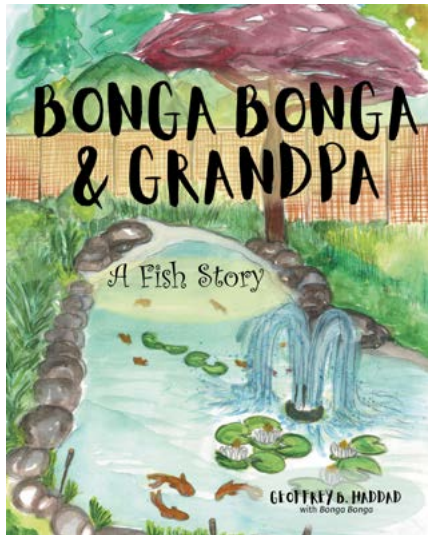
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BONGA BONGA & GRANDPA

A Fish Story

BY GEOFFREY B HADDAD



JUVENILE NONFICTION,
ANIMALS, FISHES

44 Pages
Full Color
8 x 10

THROUGH THE YEARS WITH BONGA BONGA IS A SERIES OF TRUE and educational children's stories covering a wide range of topics. Inspired by the love of a grandfather for his first grandchild, affectionately known as Bonga Bonga, these delightful tales will make excellent additions to personal and school libraries alike.

With beautiful illustrations throughout, *Bonga Bonga and Grandpa: A Fish Story*, the first book in the series, tells the tale of Grandpa's fish and his efforts to care for and protect them in his backyard ponds. Readers will learn about how to guard fish from natural dangers and nurture them to adulthood, while at the same time experiencing the wonder of these beautiful creatures. The book is also a lovely way for a teacher to introduce a science unit on fish, pond building and eco-systems. Told from Bonga Bonga's perspective, the narrative will engage and entertain readers of all ages. ■

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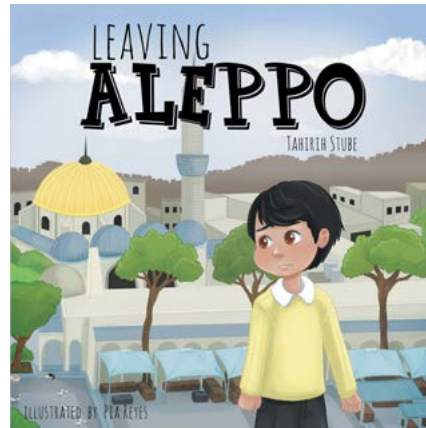
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BY TAHIRIH STUBE



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WARS

28 Pages
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8.5 x 8.5

ALEPPO IS ONE OF THE OLDEST CITIES IN THE WORLD, AND BEFORE the war it was full of life and colour. *Leaving Aleppo* was written as an effort to bring about awareness and contribute to international efforts that aid Syrian children and their families.

Habib is a nine-year-old boy who loves his family and his home in the city of Aleppo, Syria. However, Habib has not lived at home for the past two years. The war took everything away and made everything unsafe. Habib and his family began their long journey out of the city to Beirut, Lebanon, where Habib's parents hoped they would be safe. However, a tragedy occurred along the way, changing their lives forever. And once they arrived, they realized they are strangers in a new land, with no money, no friends, and no school. Habib wonders if he will ever again be able to go home and live life as a happy child.

The remarkable strength and hope for healing, peace, and a new life that Habib displays, is inspiring and can encourage children to be more compassionate towards others. ■

www.tahirihstube.com

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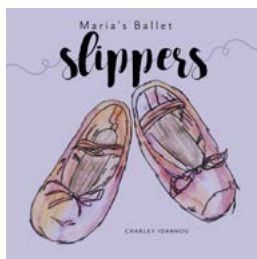
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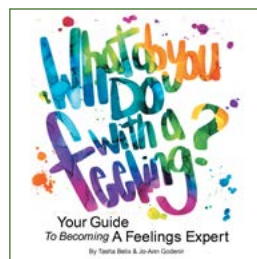
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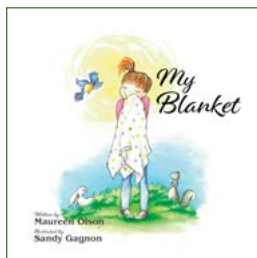
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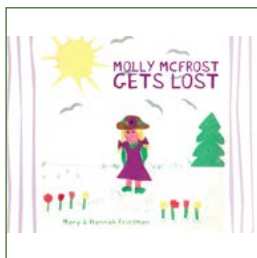
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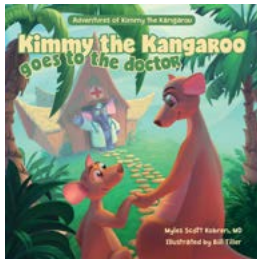
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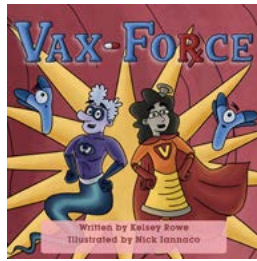
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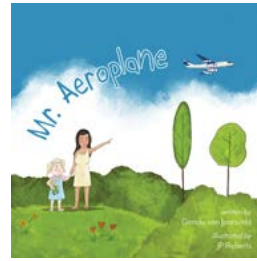
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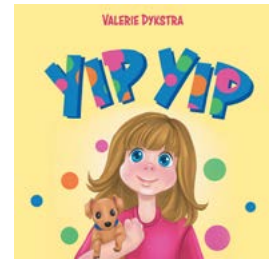
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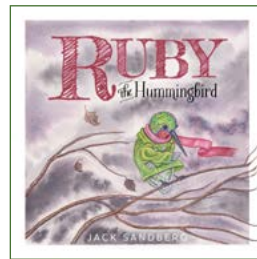
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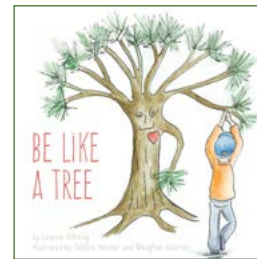
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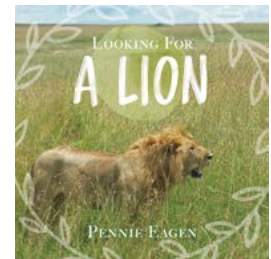
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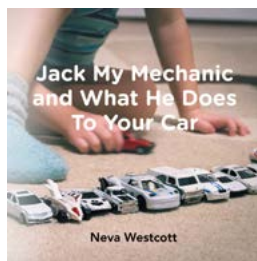
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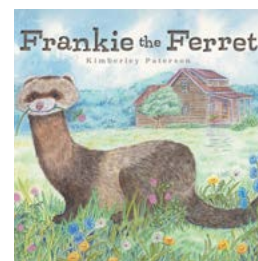
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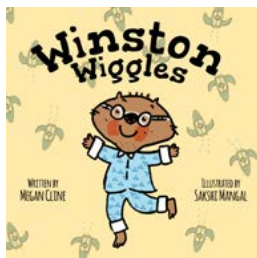
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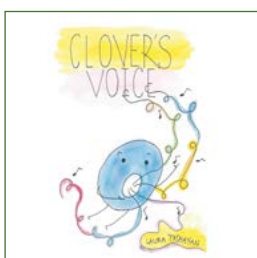
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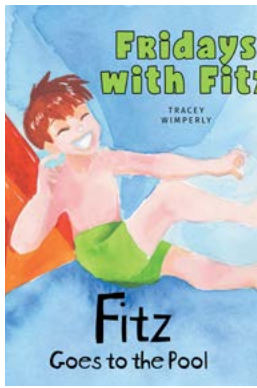
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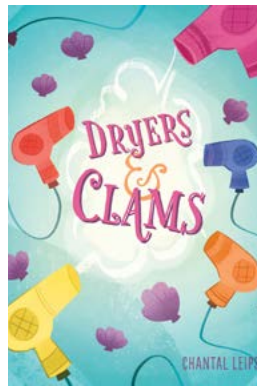
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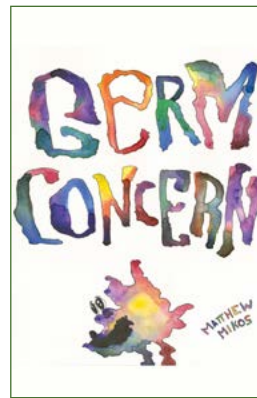
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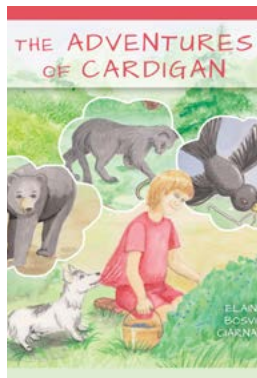
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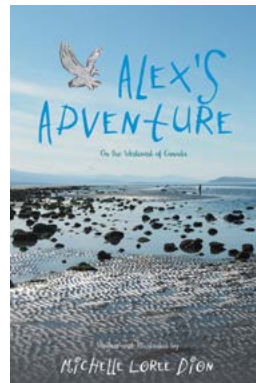
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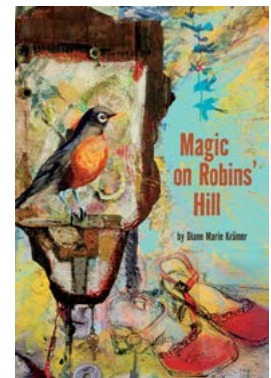
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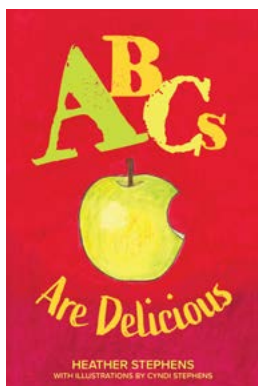
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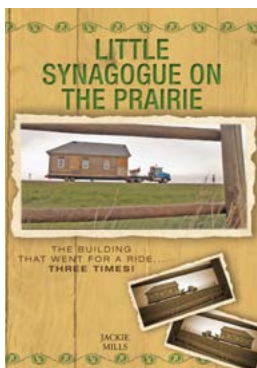
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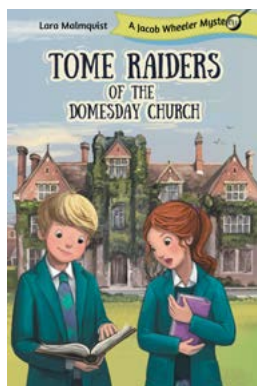
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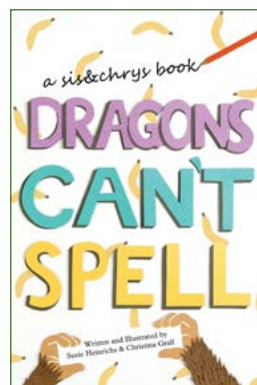
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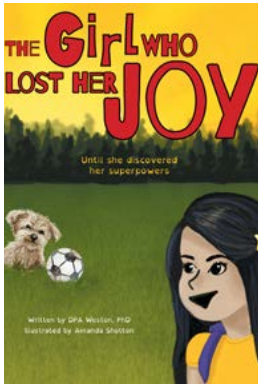
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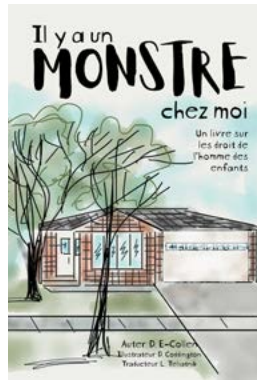
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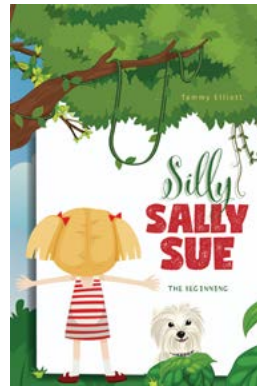
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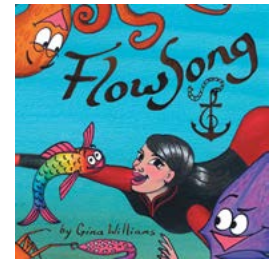
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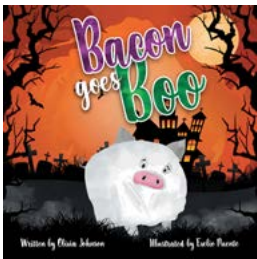
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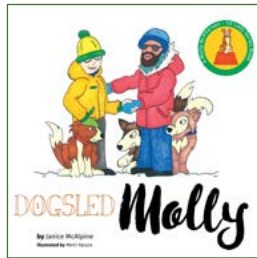
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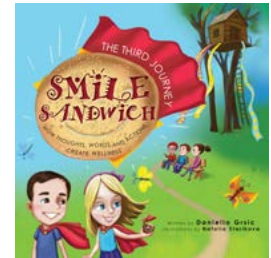
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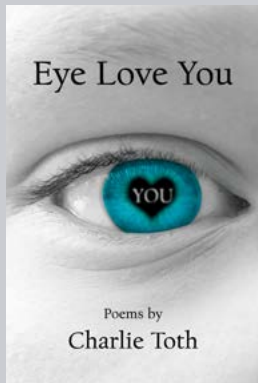
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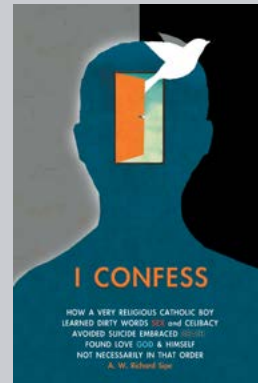
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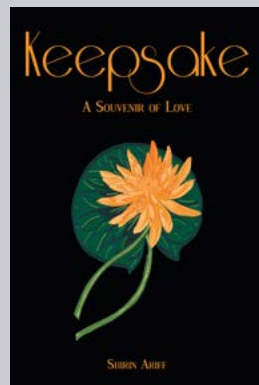
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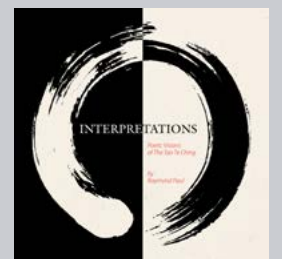
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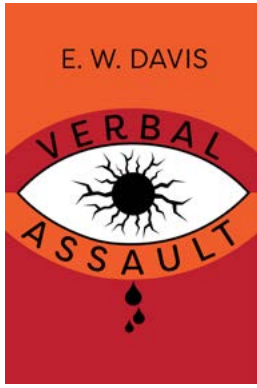
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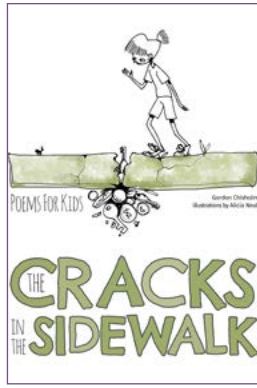
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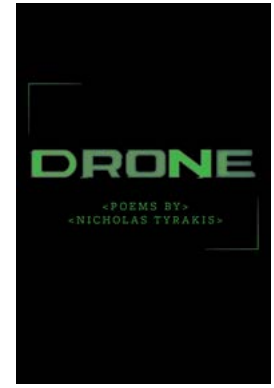
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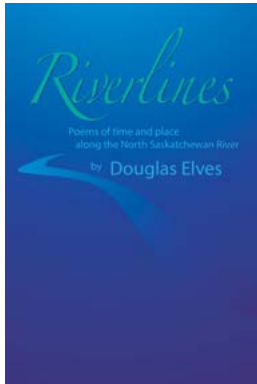
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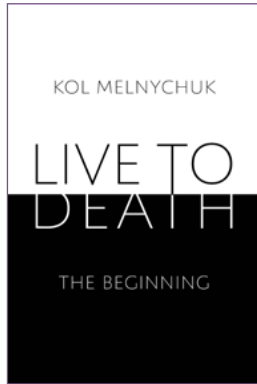
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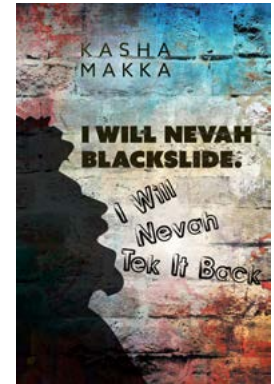
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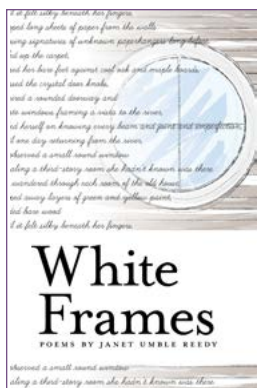
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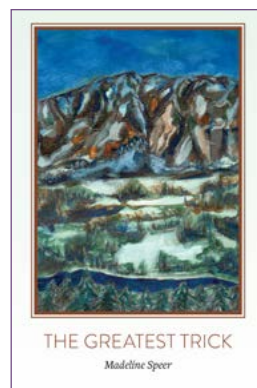
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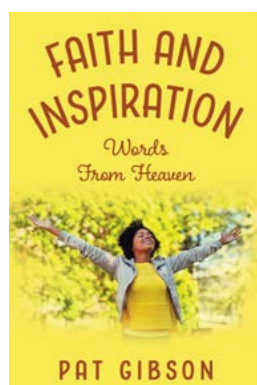
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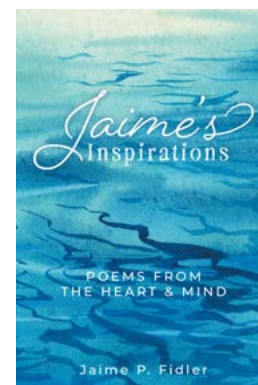
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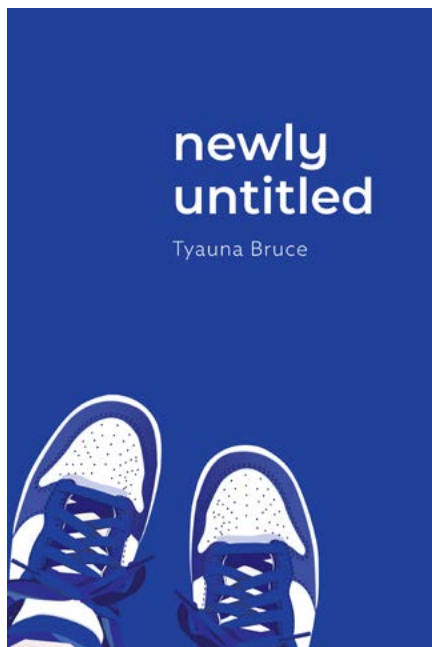


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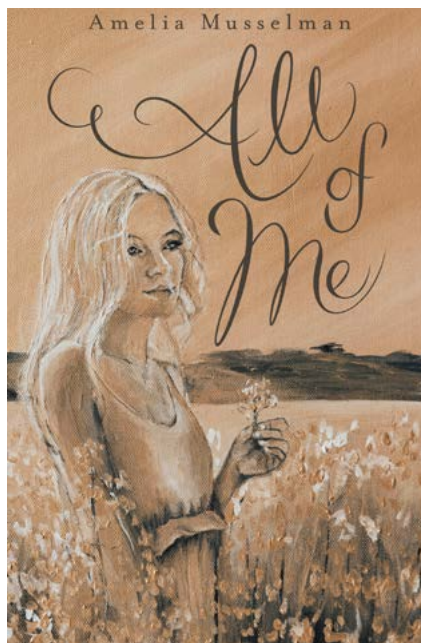
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